

# American River College Nursing Program

Information Session



# Registered Nursing Today

- Salary approximately \$80,151 - 2 years after graduation - [www.cccco.edu](http://www.cccco.edu) “salary surfer”
- Annual medium in Sacramento region - \$106,228 for 2019 – <https://www.labormarketinfo.edd.ca.gov>
- Current Job availability:
  - The job market is improving!
  - Increase in hiring of new grads is expected
  - Will the trend continue?
    - 2-5 years projected to be good job market
    - Baby boomers are aging: Average nurses age = 45



# Why did you become a Nurse?

- Check it out online – there are a lot of discussion boards
  - <http://allnurses.com/registered-nurse-diploma/would-you-become-790889.html>
- Read nursing articles (Advance Nurse 12/29/08)
  - I've always had the passion to care for others – 57.6%
  - A nurse in my life inspired me – 17.5%
  - I wanted a job in healthcare, and nursing seemed a good fit – 16.7%
  - Nursing jobs are easy to find, and the pay is good 5%
  - I'm wondering that too, and plan to leave the profession – 3.2%
- ASK working RN's:
  - What do you like about your work? What do you dislike?



# Is Nursing for YOU???

Being a nurse is inside every cell of our being”

Mary Bylone

VP Patient Care Services

The William W. Backus Hospital

It is NOT like on TV!

- Role and responsibilities
  - Literally have peoples' lives in your hands
- Reality of long and unusual work hours
  - Mandatory overtime/Forced time off
  - Fast paced; Never the same day twice
  - Variety of setting to work, but students are educated for all



# Conviction History

*In accordance with Regulation 480 of the State Board of Registered Nursing, a person convicted of any offense other than a minor traffic violation, may not qualify to be licensed as a registered nurse.*

- *Anything other than a minor traffic violation, including traffic tickets over \$1000*
- *Includes sealed, juvenile and expunged offenses*

Visit [www.rn.ca.gov](http://www.rn.ca.gov) for more information

- *Click on the tap - Licensees – select Discipline/Convictions*
- *NOTE: Each candidate applying for a license will need to give the Board of Registered Nursing their social security number before the BRN will let you sit for the licensure exam!*



# Nursing Attributes

## Quality and Safety Education for Nurses (QSEN Competencies)

### Knowledge, Skills & Attitudes

- Patient-Centered Care
- Teamwork & Collaboration
- Evidence-based Practice
- Quality Improvement
- Safety
- Informatics



# About Our Program

- Associate of Science; 2 year nursing program
- Many transfer to a 4-year college to obtain their BSN
- Accredited by the California Board of Registered Nursing [www.rn.ca.gov](http://www.rn.ca.gov)
- High-tech clinical facilities with simulation and skills lab
- Solid NCLEX pass rate
- [www.arc.losrios.edu](http://www.arc.losrios.edu)
  - From the ARC Homepage, select “Programs of Study” under the “Academics” tab, and search “Nursing & Allied Health”



# Nursing Program Goal

- Prepare the graduate for:
  - Licensure as a RN
  - Work in a variety of healthcare settings
  - Utilization of nursing process to care clients of all ages
  - Solid foundation for entry level safe nursing practice





Course Number	Course Name	Units
BIOL 430	Anatomy & Physiology	5
BIOL 431	Anatomy & Physiology	5
BIOL 440 Or BIOL 442	General Microbiology Or General Microbiology and Public Health	4-5
ENGWR 300	College Composition	3
NUTRI 300	Nutrition	3
PSYC 300	General Principles	3
COMM 301 (Corequisite to Nurse 400)	Public Speaking	3
ANTH 310 Or Soc 300 (Corequisite to Nurse 410)	Cultural Anthropology Or Introductory Sociology	3
NURSE 400	Nursing, Patient, and Healthcare Concepts I	10.5
NURSE 410	Nursing, Patient, and Healthcare Concepts II	10.5
NURSE 420	Nursing, Patient, and Healthcare Concepts III	10.5
NURSE 430	Nursing, Patient, and Healthcare Concepts IV	10.5

# Clinical Sites

- Morning, afternoon, evening, and weekend clinicals
- Community Health Care Partners from South Sacramento to Auburn

- *Sutter Health*
- *Dignity Health*
- *Kaiser Permanente*
- *Shriners Children's Hospital*

# Time Requirements

- *A full-time commitment*
- Time frame - minimum
  - 4.5 hours lecture/week + 9 hours study
  - 18 hours clinical/week + 9 hours preparation
  - **Grand total = 40.5 hours per week**
  - Doesn't include driving time!!
  - Excludes additional course work for graduation, program corequisites and GE requirements related to graduation from ARC.



# Nursing School Challenges

- **Financial**
  - Books, uniforms, transportation, licensure exam
  - Start up cost approx. \$3,000 (see FAQ for more details)
- **Social**
  - Clinical shifts – evenings and weekends
    - We don't work around the student, the student works around the program
  - Roles shift at home
- **Emotional**
  - Stress, stress, stress
  - High level of accountability and responsibility
- **Academic**
  - Each course = 10.5 units; Steep learning curve
  - Students provide care after 5 weeks in the program



# ARC Student Support Services

Awesome, wonderful, stupendous

- Health Center
- Disabled Student Programs & Services
- Re-entry program
- Financial aid
- Career Center
- Reading Across the Disciplines – RAD
- Children's Center

You can lead a horse to water .....



See financial advisors on campus to determine eligibility



# Counseling to the Rescue!

- Not required, but highly recommended for first-time applicants
- Especially recommended for applicants with course work outside of the Los Rios Community College District (LRCCD)
- **ARC Health & Service Home Base Counseling Phone & Link:**
  - Call (916) 484-8577 for an appointment

<https://arc.losrios.edu/academics/homebases/health-and-service-homebase>

- Call early – last minute appointments may not be able available
- Be prepared! Bring to the counseling appointment:
  - Official transcripts and descriptions for courses completed outside of LRCCD
  - High School transcripts, GED, or CHSPE

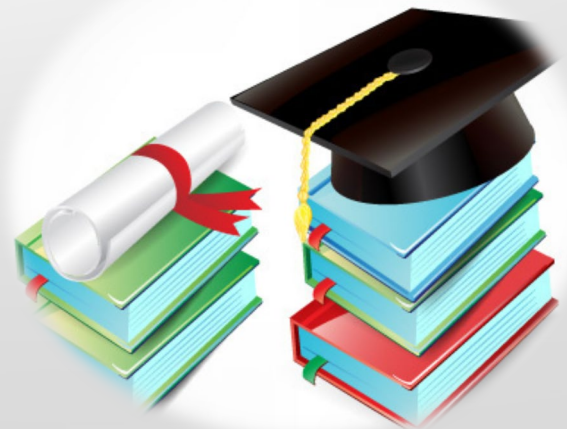
# Application Process

- Accepting Applications once per year in spring
- ARC application – SNAP Online
- Tutorials available at Nursing Program website to assist in the process
- FAQ on website and email communication with department staff
- Complete all prerequisites
- Recommended to meet with ARC counselor to obtain a Curriculum Planning Summary
- Results emailed to candidates



# Multi-Screening Criteria

- Previous academic degrees
  - AA / AS degree or higher (5 points)
  - Must be from an accredited U.S. college
  - Must be posted on transcript to receive points



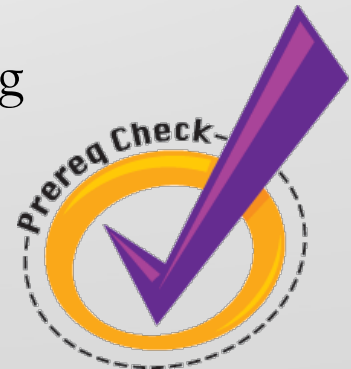


# Multi-Screening Criteria

- Science GPA (15 – 30 points)
  - Minimum 3.0 GPA
  - BIOL 430, BIOL 431, BIOL 440 or BIOL 442
- Non-Science GPA (5 – 15 points)
  - Minimum 2.5 GPA
  - ENG, NUTR, PSYCH

\*\* High School Advanced Placement Scores for credit

\*\* Plus/minus (+/-) grades not considered when calculating  
GPA



# TEAS – Test of Essential Academic Skills (30 points)

- Only accepting TEAS 7 as of Spring 2023 applications
- Tests general reading, math, science and English at High School level
- Predicts success in first semester
- Study guide/online practice exams available – see nursing website
- State Chancellors Office determined the cut score
  - Less than 62% requires remediation
  - Student who remediate must submit their remediation plan with their application packet as well as test scores (see website for details)
- More information about TEAS at: [www.atitesting.com](http://www.atitesting.com)

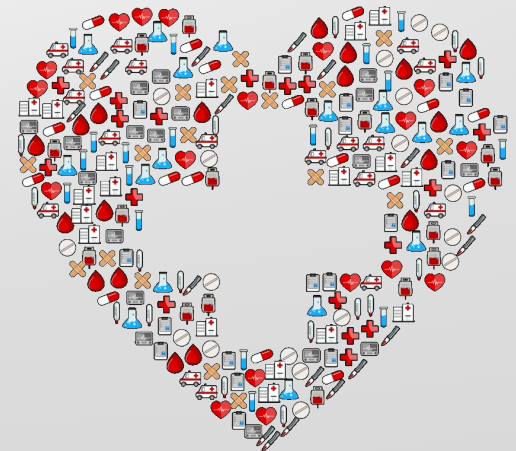


# TEAS Testing

- If a student has multiple test scores within one year (365 days), there must be 90 days between TEAS tests. If less than 90 days then the first/earliest score will be accepted.
- Students who remediate/retest to improve their score must complete and submit a [Remediation/Retest Approval](#) form with their application packet.
- Students with multiple TEAS tests (within one year) must submit a copy of their test scores with their application packet.

# Relevant Healthcare Certification (5 points)

- Licensed vocational nurse (LVN)
- Paramedic
- Respiratory therapy (RT)
- Occupational therapy assistant (OT)
- Physical therapy assistant (PT)
- Certified nursing assistant (CNA)
- Emergency medical technician (EMT)
- Psych technician
- Medical assistant (MA)



- Life Experiences (5 points)
  - Disability, low family income, first generation to attend college, need to work, disadvantaged social or educational environment, difficult personal or family situation/environment, refugee status
  - No documentation required – all students receive points in this category.
- Veteran status (5 points)
  - Honorable discharge or eligible spouse
- Proficiency in a language other than English (5 points)

# Selection Process

- Each incoming class will be randomly selected from all students with 70+ points on the Prescreening Criteria Form.
- Students must complete and submit the online application, the Prescreening Criteria form and all other supporting documents during the open application period in order for their application to be considered.
- See the Nursing website for more details.



# Career Opportunities

- Staff nurse (ED, Med/Surg, ICU, Peds, OB, etc.)
- Nurse manager
- Insurance company
- Nursing instructor
- Dialysis
- Wound management
- Travel nurse
- Flight care
- Correctional
- Telephone triage
- Informatics
- Case management
- Legal nurse consultant
- And many, many, more!!!



Questions?????

[ARC Nursing Application@losrios.edu](mailto:ARC Nursing Application@losrios.edu)

