

SACRAMENTO REGIONAL PUBLIC SAFETY TRAINING CENTER
Basic Law Enforcement Academy
2409 Dean Street
McClellan, CA 95652
Phone: 916.570.5030
www.arc.losrios.edu/safety



Dear Academy Applicant,

Thank you for your interest in the Sacramento Regional Public Safety Training Center's (SRPSTC) Basic Law Enforcement Academy. Our Academy program is presented in the Modular format and certified by the California Commission on Peace Officer Standards and Training (POST). The Modular format consists of three distinct courses which, when completed, comprise the Regular Basic Academy. The three courses are:

PSTC 1502: Basic Academy Module III: (191) hours of training

PSTC 1503: Basic Academy Module II: (261) hours of training

PSTC 1504: Basic Academy Module I: (449) hours of training *certification pending*

Carefully read the following pages which will provide you with the information you need to apply for the **Module III Basic Law Enforcement Academy**. Module III is the first of three modules in the Basic Law Enforcement Academy.

Applicants who do not follow the application process, submit an incomplete package, or do not meet the application deadline, may be disqualified.

The start date for PSTC 1502: Basic Academy Module III is September 21, 2024:

1. **Submit your completed application packet by 1300 hours, August 12, 2024:**

In Person: SRPSTC/McClellan Center, 5146 Arnold Avenue, McClellan, CA 95652
To: Isys Zuniga, Academy Clerk

2. If accepted into the Basic Academy Module III, you will receive a notification of acceptance via email.

3. Once accepted, you are required to register with the College as attending Module III of the Basic Academy and attend the **MANDATORY** Module III Orientation. **Registration payment and physical training gear (PT) fees will be collected at that time. Please refer to the attached PT order form for pricing and recommended quantities.**

The selection process for each of the modules/courses consists of a review of the application packet for completion, verification of documents, required clearances and completing the required essay. Applicants will be selected in accordance with established law enforcement pre-employment practices.

POST establishes minimum selection standards governing the employment of peace officers by California law enforcement agencies in order to standardize employment requirements on a statewide basis. Every peace officer employed by an agency in the POST program must be selected in conformance with the P.O.S.T. requirements. For complete information regarding the selection's standards and P.O.S.T. requirements, follow this link:

<https://post.ca.gov/applicant>

As part of the application process, you will be required to request a fingerprint clearance letter from DOJ. Upon your receipt of the DOJ Clearance letter, please deliver a copy into the Public Safety Office. Failure to submit the clearance will result in your non-participation in the firearms training program. (See below for submissions of the application and forms) DOJ Processing fees for non-sponsored candidates are determined by each processing center. For more information go to: <https://oag.ca.gov/fingerprints/locations>

NOTE:

The SRPSTC academy may conduct some form of a pre-academy background check. The academy **does require** you to submit the "Non-Affiliate Recruit Questionnaire." The Questionnaire may be verified for truthfulness and accuracy.

Enrollment in the SRPSTC academy **does not** require a psychological suitability examination, polygraph examination, or computer voice stress analysis (CVSA) examination.

As part of your basic training, you are required to participate in the Basic Academy Physical Conditioning Program and to demonstrate acceptable physical readiness by successfully completing a job-related physical agility test, Work Sample Test Battery (WSTB) at the conclusion of the physical conditioning program.

The purpose of this letter is to describe the Basic Academy Physical Conditioning Program and advise you that you must obtain appropriate medical clearance before you participate in the program.

Physical Conditioning Program

Participation in the Basic Academy Physical Conditioning Program and the successful completion of job-related tests are requirements of the California Commission on Peace Officer Standards and Training (POST). POST is the state agency that has responsibility for certifying all basic training academies in California.

The POST Basic Academy Physical Conditioning Program is designed to develop in you an enhanced level of physical fitness in a manner that will both prepare you to perform physically demanding tasks of the law enforcement profession. Additionally, the program is designed to

instill a desire to maintain a high level of fitness throughout your career. To this end, the objectives of the program are to:

- Prepare you to meet minimum physical job task performance standards
- Sensitize and educate you to the importance of maintaining a lifelong health related personal physical fitness program
- Provide positive reinforcement and support for maintaining high fitness levels and personal health-related physical fitness programs

These objectives are achieved by means of a three-fold educational process. First, you will be introduced to the goals and objectives of the physical program, which includes individual assessment and instruction on the principles of physical conditioning. Second, you will participate in a series of conditioning sessions which systematically embrace a wide variety of physical exercise. These activities include neuro-muscular-skeletal development through strength and flexibility exercises, as well as cardio-respiratory enhancement through various aerobic-type involvements. The progression of exercise will be dictated by your "entry fitness level" and the subsequent improvement of your physical condition throughout the training. Third, you will receive numerous hours of classroom instruction on the subjects of: physical fitness as a lifetime pursuit, low back care, nutrition, overweight/obesity, substance abuse, stress management, and self-evaluation.

The actual physical conditioning phase of the program is organized into 60-minute sessions. In most instances, the program will consist of three 60-minute sessions per week. Each is designed to address muscular strength, muscular endurance, cardiovascular endurance, and flexibility. The relative emphasis given to each of these types of conditioning varies from session to session. All exercises within an exercise session are designed to maximize the development of those physical abilities needed to function as a patrol officer. A detailed physiological analysis was conducted by physiologists to identify/develop the specific exercises within each session. The analysis was conducted on actual patrol officer physical job task information that was collected from officers in over 100 police and sheriffs' departments statewide. Thus, great care was taken to ensure that the content of the conditioning program is highly job-related.

It is by design that the focus of the POST Basic Academy Physical Conditioning Program is to provide physical conditioning training in a manner that is not punitive or mentally stressful, but rather educates and sensitizes trainees to the need for a lifestyle of daily physical activity.

Shoes

Prior to entering the Academy, you are required to purchase a good pair of running shoes. The type and proper fit of shoes is important for any activity program. Programs such as this, which involve a lot of running and jogging, require special shoes which have been designed specifically for these activities. These shoes should not fit tightly; and they should have good support at the arch and heel. Ripple, crepe, or waffle shoes are excellent for use on hard surfaces. It is important to remember that good shoes and socks are the best prevention against blisters, soreness, and aching of the feet, ankles, and knees. **NOTE:** The use of any other type of shoe is strictly prohibited during any physical fitness activity, tests, or practice tests.

Mat Shoes

You are required to purchase a pair of Mat Shoes for use on the Mats located in the large and Small Rooms. These are required because of Cross Contamination Protocols. Additionally, you will need to purchase striking gloves used on Arrest Control & Baton Training

Overview of Work Sample Test Battery (WSTB)

As indicated, at the conclusion of the conditioning program in the final module I portion, you must successfully complete a battery of job-related tests in order to graduate from the academy. The test battery that you will take will consist of a series of Work Samples that must be performed within a specified time. The Work Sample Tests Battery that you will take will begin running 5 yards up to and climbing over a 6-foot Solid Wall than running 25 yards to the finish line. Running up to and climbing over a chain link fence than running 25 yards to the finish line; dragging a life-like 165 lbs. mannequin for 32 feet; running a 99-yard pursuit Obstacle/Agility Run course consisting of 5 sharp turns and minor obstacles (saw horse) that must be jumped or vaulted; and running a longer pursuit course of 500 yards, with no obstacles. This test is designed to simulate actual job tasks that are frequently performed by the typical California peace officer.

The passing scores required on such tests have been established so that they reflect standards that are reasonable and consistent with normal expectations of acceptable proficiency. They are therefore **not** tests of athletic prowess but rather tests that measure one's ability to do the job.

During the first module III, you will be introduced to the above physical fitness testing methods and techniques to provide you ample time to prepare for a final test in later modules.

STUDENT LEARNING DOMAIN OUTCOMES

PSTC 1502: Basic Academy Module III

191 hours

6.75 semester units

Upon successful completion of PSTC 1502 the student will be able to:

- Demonstrate an understanding of Leadership, Professionalism & Ethics
- Demonstrate an understanding of the Criminal Justice System
- Demonstrate an understanding of Policing in the Community
- Demonstrate an understanding of Introduction to Criminal Law
- Demonstrate an understanding of the Laws of Arrest
- Demonstrate an understanding of Search and Seizure
- Demonstrate proficiency in Presentation of Evidence
- Demonstrate proficiency in Investigative Report Writing
- Demonstrate proficiency in understanding Use of Force
- Demonstrate proficiency in Vehicle Operations
- Demonstrate proficiency in conducting Crime Scenes, Evidence, and Forensic
- Demonstrate proficiency in First Aid, CPR and AED
- Demonstrate proficiency in the use of Arrest Control and the use of a Baton
- Demonstrate proficiency in the use of Firearms and Firearm safety
- Demonstrate an understanding of Information Systems
- Demonstrate an understanding of Traffic Enforcement
- Demonstrate an understanding of Crimes Against the Justice System
- Demonstrate an understanding of Custody issues
- Demonstrate an understanding of Cultural Diversity and Discrimination

Upon successful completion of all three module courses of instruction, the student will receive a Certificate of Completion of the POST Basic Law Enforcement Academy. The student will be eligible to apply for a California Reserve Officer or Deputy position or a full- time position (with participating agencies).

REQUIRED DOCUMENTS CHECKLIST

- Basic Academy Non-Affiliate Information Packet
- Non-Affiliate Recruit Application and Questionnaire
- Medical History Statement (Form 2-252)
- Physician Information & Medical Examination/Medical Clearance (Form 2-253, 2-263)
- Request for Live Scan
- Veterans Benefits
- Department of Justice Clearance Letter (results of Live Scan-letter from DOJ) dated no later than 45 days prior to the orientation date. *
- Proof of valid/unrestricted California Department of Motor Vehicle Driver's License (Official DMV printout and copy of Driver's License)
- Proof of medical insurance. A copy of the front and back of our medical provider card, and/or medical coverage statement are valid forms for proof of insurance.
- Educational Achievement:
High school graduation certificate/diploma or GED (copy)
Unofficial College transcripts and diploma (copy)
- Proof of Pellet B score of 40 or Higher **NOT REQUIRED AT TIME OF SUBMISSION FOR MODULE III.**

Once you have completed the above required forms (** not including the Medical Clearance Forms) Deliver them to Isys Zuniga at:

**Sacramento Regional Public Safety Training Center
5146 Arnold Avenue
McClellan, CA 95652**

* *Clearance letters can be submitted separately due to the DOJ processing time.*

** *See Medical Clearance forms and instructions for the submission of this portion.*

Curtis Blue Line
855 Riverside Parkway, Suite 50
West Sacramento, CA 95605
(530) 204-1310

Uniform Essentials

Long Sleeve Shirt	FX5120-86	\$53.95*
Short Sleeve Shirt (Mod I)	FX5100-86	\$53.95*
Uniform Trouser	FX57400-86	\$53.95*
Range Pant	74280-724	\$49.99*
Tie (Navy)	TIE16DN	\$ 4.46*
Tie Bar (Silver)	4009N	\$ 6.40*
Nametag (Silver Glossy)		\$ 8.00*

Uniform Accessories

Belt with Silver Buckle	6050-3-BK-S	\$33.73*
Keepers (Silver Snap – Four Req.)	54563S	\$ 4.75* ea.
Handcuffs (Silver Peerless)	4710	\$30.16*
CPR Mask	36045	\$ 6.58*
Handcuff Key	ZT14	\$ 8.37*
Inert Training OC Spray	1012843	\$13.30*

** See Uniform Store For Most Current Pricing.

NOTE: Prices subject to change. Prices vary each year. **DO NOT** purchase any items until you are accepted into the Basic Academy as a recruit.

SRPSTC
 BASIC ACADEMY REQUIRED P.T. CLOTHING
 ORDER FORM

ITEM	COST	SIZES (Quantity)						TOTAL\$
		S	M	L	XL	2XL	3XL	
MEN'S T-SHIRT ^{1*} (Name required on back)	S-XL \$13.50 2XL \$15.12 3XL \$16.20							
LADIES T-SHIRT ^{1*} (Name required on back)	S-XL \$13.50 2XL \$15.12 3XL \$16.20							
CREWNECK SWEAT (Name required on back)	S-XL \$17.82 2XL \$19.44 3XL \$20.52							
NYLON JACKET ^{1*} (Name required on back)	S-XL \$25.38 2XL \$27.00 3XL \$28.08							
MEN'S SHORTS ^{1*} (Logo on shorts)	S-XL \$10.26 2XL \$12.42 3XL \$13.50							
LADIES SHORTS (Logo on shorts)	S-XL \$13.43 2XL \$15.58 3XL \$16.66							
SWEATPANTS (Logo on pants)	S-XL \$17.01 2XL \$19.17							
BASEBALL HAT VELCRO CLOSURE NAME ON BACK	\$12.71							
GEARBAG ^{1*} (NAME ONLY)	\$24.84							

GRAND TOTAL\$ (Includes Sales Tax)	
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RECRUIT INFO (Please print information below)

Last Name	First Name	Phone#	Class#
Address		City	State Zip

All orders will be completed during orientation. You must pay in full by the first day of the Academy. Acceptable payment methods are Cash, Checks, & Credit Card (Fill Out Form Attached). There is a \$35.00 service charge for any check the bank returns.

Recommended Quantities	
T-shirt	4-6
Crewneck Sweatshirts	1
Shorts	2
Sweatpants	1
Jacket	1
Hat	2
Gear Bag	1