



The Parrot

Your ARC newsletter by and for ESL, multicultural, international students, new Californians, and, well, anybody really...

Issue # 23

Fall 2008

Interviewing Anna Kim, International Student

Man invented language to satisfy his deep need to complain

Lily Tomlin

Did you always dream about coming to USA, to study English?

I see... It was kind of spontaneous because you know most of the Korean guys have to go to the army. They have a really hard time and that makes them grow, you know. Most of my friends told me that I needed to go into the army to become a better person, so I thought, well, I might need to, you know. Well what could I do? And I needed to study English a lot in Korea because you know most businesses in Korea are related to American, so it was kind of essential for me to study. I was going to go to America to learn English for just one year. It was kind of tough to travel for me for one year.

Why did you choose Sacramento?

Because I heard that Sacramento is a small city, because I wanted to study English a lot and I knew that there were a lot of Koreans. I didn't want to have contact with a lot of Korean people, so I chose a small place which has fewer Koreans. Yes, what you want is a place where you have a lot of contact with Americans and less

where I met my host family and they support me.



with Koreans, yeah that's good.

Have you had a lot of contact with Americans? You have American friends, family that you hang around with here in the college?

Yeah, I think that I am a really lucky person to meet a lot of Americans, because you know, I met a host family with really good people. I enrolled in another English school

where I met my host family and they support me.

What is your goal now?

I told you that I just planned for one year to study English but I changed my mind because my host family motivated me. Now I want to be a veterinarian, so I will try to get there.

Are you living by yourself here in the USA or do you have relatives here?

I have some relatives in the US, but not here in Sacramento.

Where do you want to go after ARC and do you think the English that you have received here is going to help you achieve your goals?

Absolutely, that's why I am taking ESL classes here and also I have been taking others classes not ESL, classes like math, and psychology that make me speak English more outside of the ESL classes. I am going to be better at English in my future.

**Extra!!
Parrot Political
Platform!!**

See page 7



American River College
4700 College Oak Drive
Sacramento, CA95841

If you found somebody who is the first time coming here to the USA, what information would you give to that person to move forward in this country? And what do you tell him or her about achieving their goals?

I think somebody who comes here to study English or live here has to open his mind, you know. At first I was so excited to live here so I was happy to meet other students that speak Korean more than speaking English.

By Christian Avila.

Grilling Jose Alfaro, ARC Chef

Can you tell us a little bit about yourself?

I am married. I have four boys. Two are in high school and two are in middle school.

Why did you decide to become a chef?

I did not decide to become a chef. I started my life washing dishes and my first boss asked me if I wanted to try to cook and I said yes. And in the way, I started being a chef and I was cooking and cooking. I learned a lot of stuff from being a chef.

What restaurant was it?

It was in the American Restaurant.

How long ago?

Twenty years ago.

So did you learn everything there?

Yes, I learned everything there and my boss was real nice to me.

Do you cook at home?

Yes, I cook at home.

So, do you help your wife?

Yes. I cook at home three days a week. I have a schedule Monday, Wednesday, and Friday.

How long have you worked at American River College?

At American River College, seven years. I have worked for Los Rios Community College for fourteen years.

What is the best thing you like about working here?

The students because I have students on my staff, in my group of work. We work together and I like to work with them.

How has your experience been working with people from other countries?

Interesting because the different languages make me learn couple of words from them. They cook differently. It is fun to work with people from another country.



What countries?

They are from Russia, Belarus, and from that area only.

What is your favorite plate to prepare?

I am Mexican, but my favorite plate to prepare is Chinese food. Kung Pao chicken and fried rice is my favorite plate.

Do you prepare that at home too or just here?

Just here.

What is your favorite plate to prepare at home?

Almost the same thing, Teriyaki chicken and rice.

What advice can you give to the ESL students at American River College?

To stay in school, keep working and to not leave school because school is more important than a job. You have to stay in school and finish it. So that is the advice I give to them.

By Irene Andrea Carrero

Teriyaki Chicken Recipe (24 servings)

Ingredients

- 6 pounds chicken thigh meat.
- 6 red peppers.
- 1 red onion .
- 3 cups of teriyaki glaze.

Preparation

First, start off by cooking the chicken with one cup of teriyaki glaze mixed together for 20 minutes at 350 degrees. Take out the chicken and slice the green pepper, red pepper, and the onions in strips. Mix everything including the chicken and put on the stove for two minutes and add the remaining 2 cups of teriyaki glaze. Serve with white rice or chow mein.

Student Chirpings

Scaredy Cats

Once upon a time there lived a girl whose name was Oksana. She was going to third grade. The teacher gave the homework to read a story but Oksana did not like to read the books and do her homework. The next day the teacher told the class to read the story in a row and out loud. The story was about how two young boys were showing off in front of a little girl. Then, when they saw a big dog, they ran away to leave the girl alone. The little girl was crying seeing the dog. When

her mom saw her alone she came to get the girl. The older boy who saw the situation cried to the younger boys



“trsi, trusia” That meant scaredy cat, scaredy cat when we put the stress on

the first syllable. When it was my turn to read, I put the stress on the second syllable and read “truse” That meant underwear there. They laughed in the classroom for the rest of the class. In our language this word has the same spelling but two different meanings. If we put stress on the first syllable, the meaning of the word is “scaredy cats.” If we put stress on the second syllable, the meaning is “underwear!”

Oksana

Scary Night

Oksana grew up and it was her turn to go to college to get an education. Every year our college sends all their students to a farmer’s village to help them to pick the harvest. We were staying in the barracks, ten girls per barrack. Our room was on the second floor. After a hard day of work, when we come from the field, we all fell asleep. At two o'clock I heard, “Ah ah, ah!!” Oksana, help! Half-awake I

did not get what was going on, but I



saw my friend pulling the window and

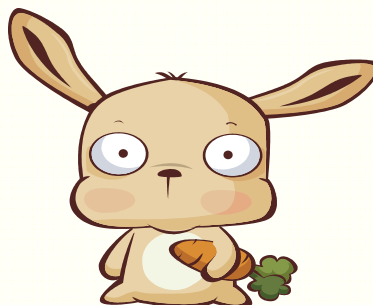
I started to pull it too. One boy was trying to get in our room through the window in the middle of the night. What did he do? He got a long board and put it on the ground to the second floor window to go through but we pressed his hand very hard so he ran away. Next day we looked at all the boys’ hands trying to find who it was but our effort was in vain.

Oksana

Rabbits

My cousin lived in a village and during vacation I always went to his house. While his parents were at work, we were home alone. Once my cousin's friends asked us go to the forest with them to catch rabbits. Next to the forest there were people’s lots. They planted corn, potatoes, and beans. There in the forest we made a bonfire and said to each other “Lets go to the people’s plots to get some

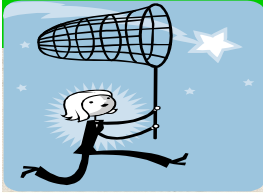
rabbits (but in reality we meant corn when we said rabbits) to cook on the



fire. No sooner said than done, we took the corn, roasted it on the fire. As

we prepared to eat, one woman went by us and spoke with us in a really friendly way. After a while, she realized that we got corn from her plot. She was really mean to us after that. She started shouting that she would call the police. We ran away trying to hide from her but she remembered us and told our parents.

Oksana



NET Escape - Articles from the net.

November in History

1. The bra is patented (1914).
2. Peter the Great becomes Emperor of Russia (1721).
3. First Opium War between China and Britain begins. (1839).
3. Clarence Birdseye makes frozen peas (1952).
4. Abraham Lincoln marries Mary Todd (1842).
6. Abraham Lincoln elects President of the United States (1860).
7. Cartoonist Thomas Nast depicts Republican party as an elephant in a cartoon in Harper's Weekly (1874).
8. Montana becomes the 41st State (1889).
8. President Franklin D. Roosevelt forms the Civil Works Administration to help create jobs for millions of workers unemployed during the Great Depression. (1933).
9. Giant Pandas are discovered in China (1927).
10. The United States Marine Corps is created (1775).
10. Direct dial telephone service is first available coast to coast (1951).
10. Sesame Street premieres on PBS television (1969)
10. The Edmund Fitzgerald and it's entire crew is lost during a storm on Lake Superior. (1975).
11. Forty one Pilgrims aboard the Mayflower sign a compact calling for a "body politick" just off the Massachusetts coast (1620).
12. The space shuttle Columbia is launched for the 2nd time. This is the first time a space vehicle is used more than once (1981).
13. The Holland Tunnel under the Hudson River opens to the public, connecting New York City and New Jersey (1927).
13. The minimum draft age is lowered from 21 to 18 (1942).
14. The first streetcar goes into operation (1832).
14. Yale University goes co-ed. (1968).
15. The Continental Congress approves the Articles of Confederation. (1777).
19. Abraham Lincoln delivers the Gettysburg Address (1863).
20. Ford quits making the unpopular Edsel (1959).
22. President John F. Kennedy, the youngest person to become a U.S. president, is assassinated in Dallas Texas as his motorcade travels through the city. (1963).
23. A patent is issued for the horseshoe manufacturing machine (1835).
24. Charles Darwin publishes his theory on evolution "On the Origin of the Species", sparking great controversy (1859).
26. The first lion is exhibited in America (1716).
28. The "Grande Ole Opry "debut on radio. (1925).
30. The United States and Great Britain sign a peace treaty in Paris, formally ending the Revolutionary War (1782).

Some Hecka Cool Holidays for November

Sandwich Day

When : Always November 3rd



We invite you to bite into your favorite sandwich! The sandwich is truly a great creation. Sandwiches are a daily luncheon staple for millions of Americans.

The creation of the sandwich: The annals of English history report that John Montague was the 4th Earl of Sandwich. Among other things, the 4th Earl of Sandwich was a heavy gambler. Montague often spent many long hours in London's gambling parlors. In 1762, he created the sandwich by putting meat between two pieces of bread. This allowed him to remain at the gambling table for long periods of time. Obviously, the sandwich was named after him.

Celebrate this special day by eating sandwiches at every meal! Consume your favorite sandwich. Better yet, be bold and daring..... try a new sandwich! P.S. Don't forget to wash your hands first.

Happy Sandwich Day!!!

Saxophone Day

When : Always November 6th

The Saxophone is a classical woodwind instrument. It is an essential instrument in jazz bands, symphonic bands, marching bands and more. It's only fitting that this great instrument has a day of recognition all its own.



The Saxophone was invented around 1840. It was created by Adolph Sax, a Belgian musical instrument maker. The sax is made of brass. There are four types of saxophones: soprano, alto, tenor, and baritone.

Some famous saxophone players (alphabetical order):

- John Coltrane
- Stan Getz
- Coleman "Hawk" Randolph Hawkins
- James Moody
- Charlie "The Bird" Parker
- Lester "Prez" Young

Happy Saxophone Day!!!

Chaos Never Dies Day

When: Always November 9th

Chaos Never Dies Day recognizes the turmoil in modern, everyday life. Are things a little crazy at home? Is school a little on the wild side? Is your work place hectic and disorderly? We thought so.

Just when things seem to calm down at work and home, along comes something to disrupt your life. Yes, disorder is everywhere. Hectic schedules, changes to plans, unexpected tasks and chores, the list goes on and on and on.....

Today is designed for you. It's a day to recognize the

chaos in your life. You can best celebrate this day by recognizing that chaos never dies. Rather, it's a way of life. You can partake in this special day, by putting just a little order back into your life. You can start by picking one thing that is really disrupting your life, and change it...for the good.



On the bright side: If you think your life is chaotic today, just wait until the holiday season arrives.

Did you Know? There is a scientific Chaos Theory.

Chicken (not parrot) Soup for the Soul Day

When: Always November 12th.

Chicken Soup for the Soul Day is a celebration about you. According to the creators of the book series of the same name, *Chicken Soup for the Soul Day* was created as ".... a celebration of who you are, where you've been, where you're going, and who you will be thankful to when you get there!"

We suggest you take this day as a celebration of the value and healing properties of chicken soup, especially Mom's chicken soup. Chicken soup has long



been seen as a remedy for colds, flues, and just about anything that ails you. You can't find that healing in a can. You can only find it in Mom's home-made chicken soup.

Have a happy *Chicken Soup for the Soul Day*.

Origin of Chicken Soup for the Soul Day:

Chicken Soup for the Soul Day was created by Chicken Soup for the Soul Enterprises, Inc. Quite obviously, this day was created for commercial reasons.

Operating Room Nurse Day

When: Always November 14th

Operating Room Nurse Day honors those important nurses who care for patients before, during, and immediately after surgery. It's a very important role, during a period where a patient's comfort and life is in another person's hands.

Show your thanks and appreciation to an operating



nurse that you know. You can send him/her cards or E-cards. However, just a simple, spoken "thank you" will do.

Origin of Operating Room Nurse Day:

The roots of this special day trace back to Iowa. On November 14, 1989, Iowa Governor Terry Branstad established *Operating Room Nurse Day*.

America Recycles Day

When: Always November 15th

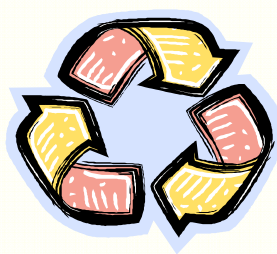
America Recycles Day encourages us to recycle, and use products made from recycled material. Recycling is not difficult. It sends less material to the waste stream, and it results in consuming fewer of our precious and limited natural resources.

According to the National Recycling Coalition, "*America Recycles Day* is dedicated to encouraging Americans to recycle and to buy recycled products".

Use this special day to create awareness of the importance of recycling, and to increase recycling. The world will thank you for it. Even if you practice recycling today, there is probably more you can do. We encourage you to look around at home, at work, or in school to identify ways you can practice recycling. Take an active role in encouraging others to recycle,

too.

The Boy Scouts of America has the right slogan for this topic: "Reduce, Re-use, and Recycle"



Did You Know? According to a presidential proclamation by President George W. Bush, each person in America produces about four pounds of waste every day!

Origin of America Recycles Day:

President George W. Bush issued a presidential proclamation declaring November 15, 2004 as *America Recycles Day*.

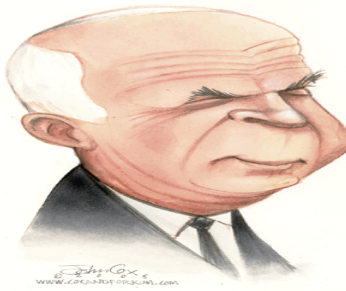
We believe the roots of this day goes back a few years before this presidential proclamation to around 1997. The National Recycling Coalition appears to have played a role in its creation. The U.S. Environmental Protection Agency (EPA) also promotes this day.

Political Platform

Obama/Biden



MacCain/Palin



Parrot/Beaver



Education

- A "Zero to Five Plan" which will provide support for young children and parents and put emphasis on early care and education for infants.
- Reform NCLB. He believes poorly- performing schools should be supported rather than punished. He wants math and science to be national priorities.
- Reduce the nation's high school dropout rate by empowering parents to get more involved in their child's education.
- Recruit well-qualified teachers and reward those who have made progress with students.

- Schools need to be innovative, flexible and most of all student-centered, rather than being a safe haven for uninspired and unaccountable teachers and students.
- Allow parents to choose which school to send their children to. Parents should be placed at the center of the education process.
- There should be a better-defined home schooling format for parents who prefer that option.
- Reward good teachers and good schools while offering bad teachers another career choice, and put poorly performing schools out of business.

- Educators shouldn't just "squawk the squawk; they have to walk the walk.
- Students shouldn't be "caged" into small classrooms and narrow career paths. They should be encouraged to "spread their wings" and try a myriad of mini-classes offered one day a semester (Parrot Day) and taught by retired teachers and professors across the country.
- PSL (Parrotese as a Second Language) should be strongly promoted in our schools.
- Stuffed birds should be banned from biology and zoology classes and KFC disallowed from having any presence on or near college campuses.
- No Parrot Left Behind!

Environment

- Create a government program that would share climate-friendly technologies with developing nations.
- Have rewards programs for forest owners, farmers, and ranchers when they plant trees or use farming practices that capture carbon dioxide from the atmosphere.
- Give incentives to automakers to develop technology that produces more fuel-efficient vehicles.

- Propose the use of alternative energy sources, including nuclear power.
- Reduce the nation's dependence on foreign suppliers of energy, such as oil.
- Support a mandatory system to reduce carbon emissions by limiting the amount of greenhouse gases industries can emit.

- Wing power should be adopted as an alternative source of energy.
- Create more log dams and fewer logjams in our environmental undertakings.
- Perches to be made from recyclable materials.
- No oil drilling in the jungles.

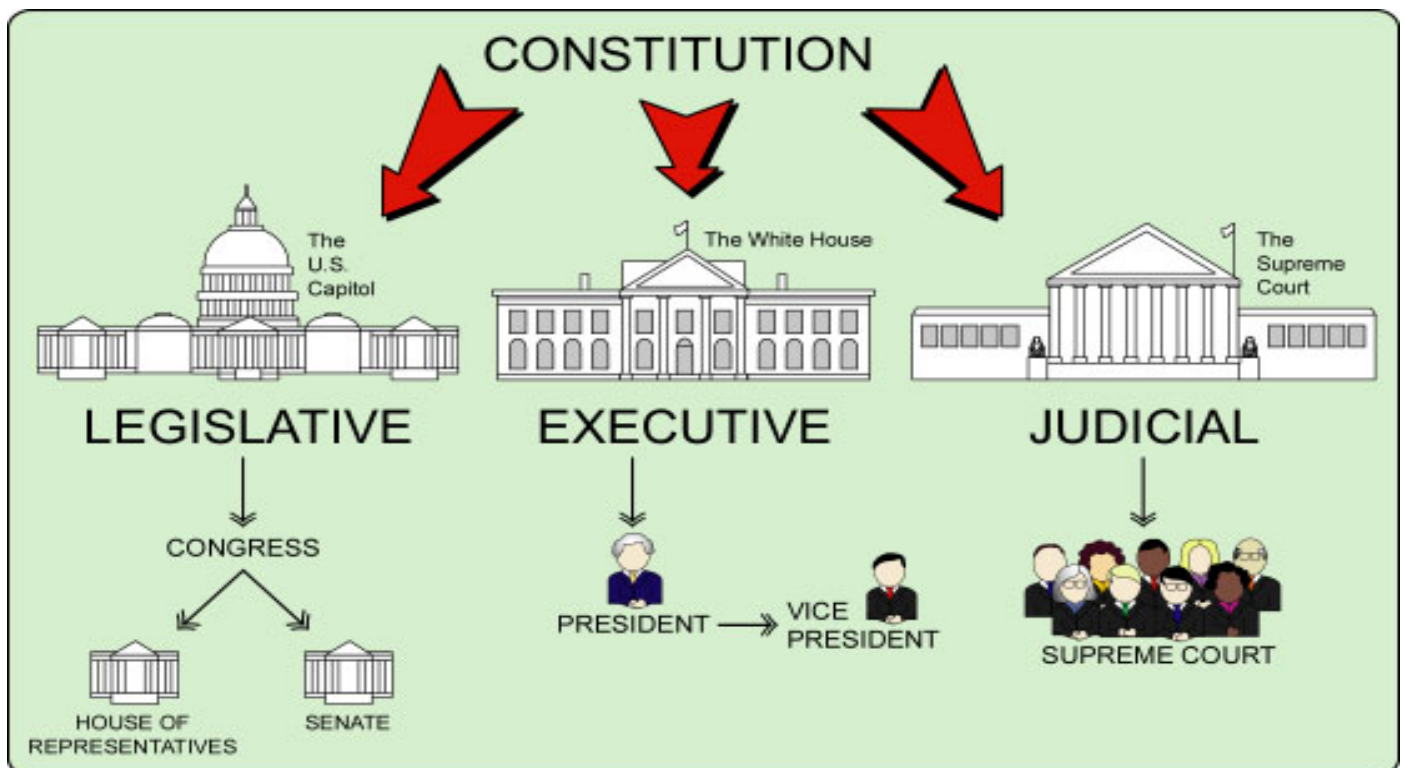
Health Care

- Make insurance companies spend more on patient care.
- Expand eligibility to more people for existing government-funded health-care programs.
- Give the general public the option to choose health plans similar to those of government employees
- Make patients the center of care and give them a larger role in both disease prevention and care.
- Fund more federal research of chronic diseases.
- Promote competition throughout the health care system, between providers and among alternative treatments.
- Fund free health care for birds and animals – both wild and domestic, legal or illegal.
- Support the creation of more animal hospitals and increased training for veterinarians.
- Fund research on avian flu.

Jobs and Economy

- Raise the minimum wage to give workers better pay for the rising cost of living.
- Create new laws to protect people who take out loans to own their home.
- Work to keep local businesses successful in small towns across America.
- Keep tax rates low for everyone.
- Cut back on wasteful government spending.
- Teach and train Americans so they don't lose their jobs to foreign workers
- Nesting is important. Work so that everyone has a home.
- Spread the word across the country: be busy as a beaver; clever as a parrot!

Our Federal Government



Where the Bird Flies — Places to Visit

Apple Hill

Most people have heard of Apple Hill. It's in the Sierra foothills somewhere east of Sacramento, off Highway 50, isn't it? Those who have left the highway and driven through the orchards, vineyards, and forests above Placerville know what Apple Hill is. Once you have found Apple Hill, you know what it is and want to return each fall. Visit their website www.applehill.com.

Enjoy Apple Hill in El Dorado County on the Apple Hill Shuttle from 10:00 AM to 5:00 PM every weekend in October. Exit Highway 50 in Placerville at Schnell School Road and park at Schnell School. Then board the Apple Hill Shuttle Bus to begin your day touring Apple Hill. The all-day pass is free and entitles you to visit as many apple ranches and orchards as you like with an Apple Hill Shuttle Bus passing by every 15 – 30 minutes.

The shuttle stop begins at Schnell School in Placerville. It's a great way to avoid the congestion or having to look for a parking space at each ranch or orchard. Avoid the heavy traffic and join us for a great day in Apple Hill. For more information, call El Dorado Transit at (530) 642-5383. El Dorado Transit and the Apple Hill Growers sponsor this shuttle.

Apple Hill is lush orchards and productive vineyards, all with their individual reasons to visit. Breathe in the delicious aromas wafting from bakeshops and sense the country smells of forest and earth. Hear children laughing as they enjoy crispy apples, buttery turnovers or a slice of famous "Apple Hill cake". This is a farm experi-

ence. You can see apple cider being made, pick your own apples or pumpkins, find the perfect Christmas tree, choose local crafts, or just relax under a favorite apple tree at one of the many picnic sites on the "Hill".

Apple Hill has over 50 members at this beginning of a new century. When it was started almost 40 years ago, the founding members wanted a place where seller and buyer could talk to one another; a place with time for friendly relationships. The growers knew they grew a superior product and wanted to offer top-quality merchandise with no-middle-man prices.

The concept flourished along with the orchards. Every year Apple Hill's veteran visitors return to their favorite farms and also explore new sights on the "Hill". Their goal may be to find different varieties of apples or the best cider. One ranch

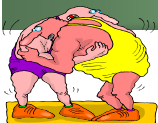
may offer a favorite dessert or the perfect picnic spot.

The Apple Hill Growers and their customers have formed an enthusiastic bond. The growers respond to this relationship and give a part of themselves in return.

The purchase of Apple Hill products at the ranches makes it possible to continue offering "a return to the good times". It is a way of life idealized by many and shared with the public by Apple Hill growers. ... lots of family farms where you can find fresh fruit, cider, pumpkins, berries, bake shops, picnic areas, wineries, Christmas trees. For brochure, send \$2.00 postage to: Apple Hill, P.O. Box 494, Camino, CA 95709. (530) 644-7692.



Parrot Warbling



Grappling with grammar

Words with More than One Job

Many words in English can have more than one job, or be more than one part of speech. For example, "work" can be a verb and a noun; "but" can be a conjunction and a preposition; "well" can be an adjective, an adverb and an interjection. In addition, many nouns can act as adjectives. The table below show some examples.

word	part of speech	example
work	noun	My work is easy.
	verb	I work in London.
but	conjunction	John came but Mary didn't come.
	preposition	Everyone came but Mary.
well	adjective	Are you well ?
	adverb	She speaks well .
	interjection	Well! That's expensive!
afternoon	noun	We ate in the afternoon .
	noun acting as adjective	We had afternoon tea.

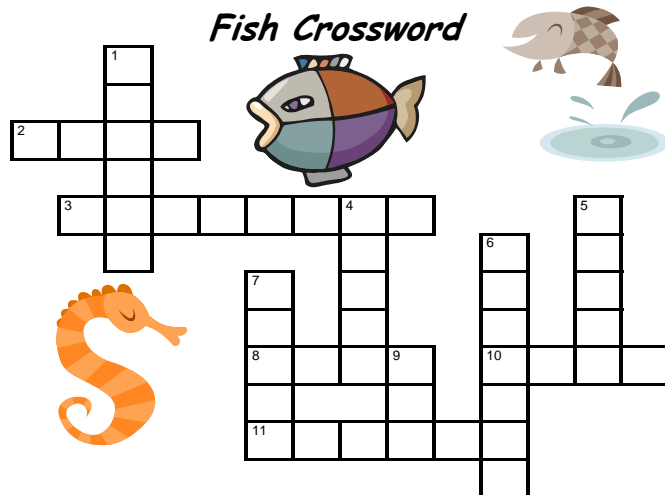
Silly Vasily's Chuckle Chamber

The teacher said,
 "Short waves cannot pass around objects. Long waves can."
 The class did not understand. The teacher put his hat in front of his face.
 "Can you see my face?"
 "No."
 "Can you hear my voice?"
 "Yes."
 "What does that prove?"
 "You are talking through your hat." (To talk through your hat = to talk nonsense).



Questions/ Comments? Please let us know what we can do to improve the "ESL Parrot" We appreciate any and all feedback you are willing to give us. Send us an e-mail at braccop@arc.losrios.edu, call (916) 484-8988, or just drop by Professor Bracco's office D387 (Davies Hall). Student editors— **Christian Valenzuela , Natalia Arboleda, Ivy Balansag.**

Fish Crossword



Across

- 2. A fish that people eat out of cans.
- 3. An orange fish that is a pet.
- 8. A place where fish live.
- 10. Fish use these to swim.
- 11. Fish have these on their skin.

Down

- 1. A very small fish.
- 4. Great white _____
- 5. A place where fish live.
- 6. A fish with whiskers.
- 7. Fish need these to breathe.
- 9. A very long fish that looks like a snake.

Idiom-Attic

Horse Around



Did you hear about Dave's back injury?
 No. How did he get hurt?
 Well, after the coach left the gym he decided to stay and **horse around** on the parallel bars. He somehow lost his grip and fell on his back.
 That's too bad, but he shouldn't have been **aimlessly playing around** on the equipment without proper supervision.

Rigoberto's Riddles

- Which bus crossed the ocean?
Columbus
- Why didn't the skeleton go to the party?
Because he had no-body to go with!

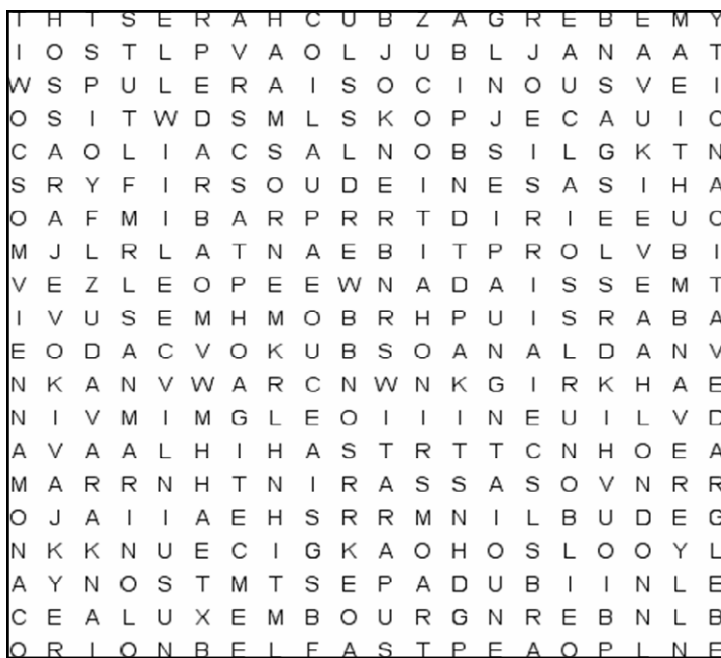


Some More Parrot Fun Stuff

Capital Cities of Europe Word Search



Find and circle all of the European capital cities that are hidden in the grid. The remaining letters spell a secret message.



- | | |
|----------------------------------|-------------------------------|
| Andorra La Vella (Andorra) | Monaco (Monaco) |
| Ankara (Turkey) | Moscow (Russia) |
| Athens (Greece) | Nicosia (Cyprus) |
| Baku (Azerbaijan) | Oslo (Norway) |
| Belfast (Northern Ireland) | Paris (France) |
| Belgrade (Serbia and Montenegro) | Prague (Czech Republic) |
| Berlin (Germany) | Reykjavik (Iceland) |
| Bern (Switzerland) | Riga (Latvia) |
| Bratislava (Slovakia) | Rome (Italy) |
| Brussels (Belgium) | San Marino (San Marino) |
| Bucharest (Romania) | Sarajevo (Bosnia-Herzegovina) |
| Budapest (Hungary) | Skopje (Macedonia) |
| Cardiff (Wales) | Sofia (Bulgaria) |
| Chisinau (Moldova) | Stockholm (Sweden) |
| Copenhagen (Denmark) | Tallinn (Estonia) |
| Dublin (Ireland) | Tbilisi (Georgia) |
| Edinburgh (Scotland) | Tirane (Albania) |
| Helsinki (Finland) | Vaduz (Liechtenstein) |
| Kiev (Ukraine) | Valletta (Malta) |
| Lisbon (Portugal) | Vatican City (Vatican City) |
| Ljubljana (Slovenia) | Vienna (Austria) |
| London (England) | Vilnius (Lithuania) |
| Luxembourg (Luxembourg) | Warsaw (Poland) |
| Madrid (Spain) | Yerevan (Armenia) |
| Minsk (Belarus) | Zagreb (Croatia) |

Top Ten Most Romantic Mistakes from ESL Students

10. I fell in love with her the first time I sawed her.
9. He had such a worm heart.
8. We were two sheeps passing in the night.
7. We have hated each other for so long. I want to borrow the hatchet.
6. My dentist makes me blush twice a day.
5. I don't know if he will propose, but I am expecting.
4. I have something exciting to tell you. My girlfriend and I got enraged last night!
3. The groom was wearing a very nice croissant.
2. He lifted the veal off her face and gave her a big kiss.
1. I think she is really glad she got marinated.

My Homework

Sometimes my homework is small

Sometimes my homework is long

But whenever I do my homework

My homework is always wrong

Sometimes I do my homework at a slow pace

Sometimes I do my homework in the fast lane

But however I do my homework

my homework is still a pain

Sometimes my homework is easy

Sometimes my homework is hard

But whenever I can't do my homework

I feel like a retard

Michael Rawlinson

Got Needs ?

From the Counselor's Corner

Getting Ready for Spring Semester

Even though the Fall semester is only half way through, it's time to plan for spring semester! To register, you need to:

- See a counselor between now and the end of November. Call 484-8572 to make an appointment. **Remember:** appointments are made two weeks in advance, so don't wait. Call soon. Friday mornings are best. Counselors are also on "drop-in" all day Fridays, but be prepared to wait because students are seen on a first-come, first-served basis.
- Update your information every semester by filling out the "Supplemental Enrollment Form" on line. You can do this some time in November.
- Check for the class schedule online between November 1 and 15.
- Take care of all your college obligations such as fees, overdue books, etc.
- Check for your registration appointment online. It can be any day or time between December 1 and 14. Be sure to register as soon as you can because this is the first priority period. To register early means you can get the classes at the times and days that you want.
- Check your grades on line beginning January 9, 2009. Grades are **NOT** mailed to students.
- Print out your unofficial transcript and bring in to Counseling center for a "Pre/Co-Requisite Form" to be filled out if the classes that you will be taking in the spring require pre-requisites.



Granny Noetal

Dear Granny,

I've heard it said that you were once "Miss American River College" in the day when there were beauty contests on campus. Is that true? How do you feel about beauty contests? We don't have such things in our country.

Curious Student

Dear Curious,



Well, the contest was not just about looks. It was about accomplishment and I was proud of being able to both play the piano and do bull riding (not at the same time). But to satisfy your curiosity, I've enclosed a picture from my early years. Having contests seems to be a universal idea and in the U.S. people certainly like contests and competition.

Granny

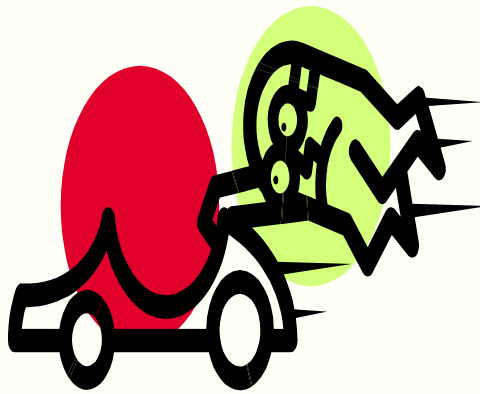
More Student Chirpings

Spring Will Always Come

It was the morning of a green and shiny spring day, in 1986. As I walked out of my home, in a small town in western part of Iran, I breathed in a deep gulp of refreshing air. I smelled the fresh spring odor, which radiated through my body. Gliding and dancing, I was going to work. On my way, I saw the trees, which blossomed and I heard the chirruping of the birds. The beauty, vitality, and freshness of spring rejoiced me. I was amazed by the sights and sounds around me, and I appreciated every moment I had. I thought how lucky and happy I was. After crossing the first street, I arrived at the city plaza. The clamor of the people awakened me and I realized that I was late for work. I decided to take a taxi cab the rest of my way. I entered a gray Paykan that already had four passengers. They were all going to the clinic where I worked. I closed the heavy metal door and the car immediately sped off.

As the Paykan traveled farther, its speed increased, and it passed by people and trees in a mad and wild fashion. Fear engulfed my entire body, and I held onto the door

handle for dear life. The other passengers remained speechless and calm. I looked out of the car window to see the shops, people, and those glorious trees, but I was no longer enjoying the beauty of spring. I wanted to scream, "Stop! You are going to crash!" but at that moment, I first glimpsed the face of the driver. No! It couldn't be! My eyes couldn't



see very well but, as I stared at him, I recognized who he was. He was known as a criminal in that town. Neighborhood gossiped that he had cruelly murdered his daughter and badly injured his innocent wife. He stared with a strange look at the street ahead and as he flexed his arm around the steering wheel, he pushed his back against the rough cushioned seat, almost aching for a speed increase. He was deep in thought and maybe, just maybe, he forgot that there were other people in the car, or

it could have been that he did not care at all. Fear, hatred, and anxiety were all that I could feel, and I almost forgot all about the glorious spring day.

We were very close to the clinic. I saw the clinic through the front window, but I saw more than that. A scrawny yellow dog was crossing the street. He was slow and maybe he was enjoying the spring day as well. He paid no heed, and he seemingly forgot that he was in human land, where the cars raced by cruelly. Here, the bombs dot the street. Here, there is war and the sounds of shooting and anti-aircraft guns have temporarily ceased fire, but they might reappear at any moment. The dog had passed one fourth of the street, when I yelled, "Stop! Mister! I leave here." The other passengers responded and agreed, "Yes! The clinic is here." Somehow he did not hear us, and it seemed he was intent on some action. Yes, that was it. He increased his speed only intent on hitting the innocent dog. And he did. The bumper of the car hit the fragile body of the yellow dog. I closed my eyes. The heart-wrenching moan of the dog was heard, and I

screamed again, “Stop, Stop!” Other passengers tapped the shoulder of the driver, and they tried to wake him from his trance, “Are you crazy, mister? Stop!” The driver somehow relaxed. He had accomplished his goal, and his muscles relaxed.

He decreased the speed of the Paykan, and stopped close to the curb like any normal driver. I got out of the car and I threw some coins toward him. I heard the clatter of some coins that hit the asphalt of the road. The car had stopped far from the clinic, and I had to walk all the way back. I was shaking with anger and sadness. I didn’t want to go to the

clinic. I didn’t want to cross the street. But, I couldn’t stand there alone either. I had to go to the clinic. I had to cross the street. While I was crossing the busy road, I saw some people gathered around the dog and they wanted to help it. I started to run. I arrived at the clinic. I sat on the steps leading to the clinic door to relax a little. My eyes pondered at the clinic trees. They were also spring trees and I could see the new flower buds shining in the golden rays of the sun. The sparrows were chasing each other from branch to branch. I told myself spring exists here. Spring does not care that a dog has been

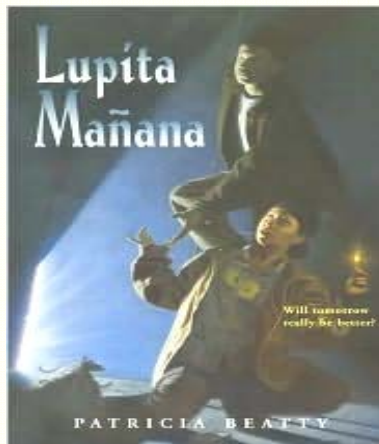
killed on a human street. Spring does not care whether a war is occurring in a corner of the world, and every day people struggle for their daily bread. Spring does not care that an innocent girl has been murdered by her ruthless father. Spring is coming with all her beauty and life must continue. I felt calm. Maybe the sparrow’s song refreshed me. I stood up and entered the clinic, and suddenly I saw the gray Paykan pass in front of me. He turned back and with five new passengers returned to the town plaza.

Parisa Samadi

“Lupita Mañana” by Patricia Beatty

The story “Lupita Mañana” is about a really brave girl who encourages her life and other people who are around her with words that tomorrow would be better. Will tomorrow really be better? Of course it would not. However, she tries to not be frustrated about her life but goes forward with hope. Since her father died, Lupita and her oldest brother must cross from Mexico to the United States to their aunt to earn money for their family. As a result, America is not a land of their hopes where they could get a good job. Every single day comes with a different problem but in Lupita’s heart all the time is a hope for a better tomorrow.

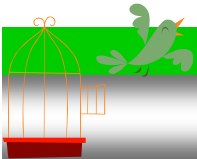
Reading this story, I remembered when I came to America. I clearly understand Lupita and how hard it



was for her without English and having lots of problems. The first year I thought that I was lost but my relatives and friends always told me that later would be better. These words encouraged me and now I really like America as a land of opportunity.

I recommend to everybody to read this book because the reader can learn a lot from this wonderful story. People who are immigrants can compare their lives to Lupita’s life and to not be frustrated about America and be thankful for everything that they got here. Also, people who are native-born Americans have to read it too if they want to understand us immigrants who came here without English and with lots of problems.

Margarita Cucias R340



Out of The Cage

In Defense of Soylent Green: Cannibalism and Eating Animals

Thursday, October 30
12:15 pm - 1:15 pm

Please join David Denman in a presentation of a moral argument that cannibalism is sometimes permissible, and that the reasons this is true imply that eating animals is often impermissible in our society.



Location: Raef Hall 160 ARC.

When Mathematics Changed Us

Thursday, October 30
12:15 pm - 1:25 pm

At three distinct stages in the development of modern society, mathematical developments fundamentally and dramatically changed how people understand the world and how they live their lives. Join Dr. Keith Devlin, author of *The Unfinished Game: Pascal, Fermat and the Seventeenth Century Letter that Made the World Modern*, as he explores these historical developments and their impact on human life and cognition.



Location: American River College Main Theater.

ARC Concert Choir & ARC Chamber Singers Invitational Concert

Tuesday, November 4
7:30 pm

The ARC Concert Choir and Chamber Singers, directed by Dr. Ralph Hughes, will present a concert featuring a variety of choral music in the ARC Theatre. Several guest choirs will also be featured on the program.



Admission to the concert will be \$8-General; and \$5-Students and Seniors. For more information, please call Dr. Ralph Hughes at 484-8357.

ARC Instrumental Jazz Ensembles

Thursday, November 6
7:30 pm



The ARC Latin Jazz Ensemble, Studio Jazz Ensemble, and Community Jazz Ensemble, directed by Dyne Eifertsen, present an evening of instrumental jazz music. The concert will take place in the ARC Theater at 7:30pm. Ticket

prices are \$8.00 General; \$5.00 Student/Senior.

For more information, contact Dr. Dyne Eifertsen, 484-8676.

A WWII Veteran Tells His Story

Tuesday, November 11
12:15 pm - 1:15 pm

Please join Lieutenant Commander, USNR (Ret) Theodore Robinson in a celebration of Veteran's Day. Captain Robinson will share his experiences as a PT Boat Skipper during World War II in the Solomon Islands of the South Pacific. During his service,



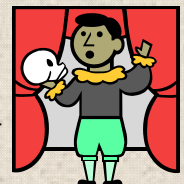
Mr. Robinson was a member of the crew that rescued John F. Kennedy and the crew of the PT 109.

Location: Raef Hall 160

Ashland Shakespeare Festival Actors Perform

Thursday, November 20
12:15 pm - 1:15 pm

Please join a team of professional actors from Ashland, Oregon's famous Shakespeare Festival for a lively learning session about acting, dramas and Shakespeare plays. The performance and workshops are designed for students, faculty, and all who love the craft of acting and the literature of William Shakespeare.



Location: Raef Hall 160

ARC Flu Clinic Fly thru the Flu Season

**Spend more time doing the things you love.
Stay Flu Free this Season.**

Stop by and get your flu shot!

Tuesday, November 11th from 4:00 PM to 6:00 PM

Or

Wednesday, November 12th from 11:00 AM to 1:00 PM

Cafeteria Banquet Rooms 2 & 3

Flu vaccine \$20

Pneumonia vaccine \$45

Who should get vaccinated this season?

Anyone who wants to reduce their chances of getting the flu, especially people at high risk of having serious flu complications or they live with or care for people at high risk for serious complications.

People recommended for vaccination during the 2008-09 flu season are:

Children aged 6 months up to their 19th birthday, Pregnant women, People 50 years of age and older, People of any age with certain chronic medical conditions, People who live in nursing homes and other long-term care facilities, People who live with or care for those at high risk for complications from flu, including: Health care workers, Household contacts of persons at high risk for complications from the flu, Household contacts and out of home caregivers of children less than 6 months of age (these children are too young to be vaccinated)

Who should NOT get a flu shot?

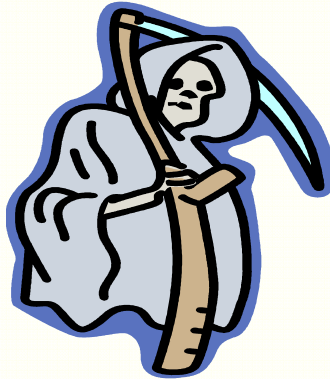
Anyone who is allergic to eggs or egg products, allergic to Thimerasal (contact lens solution), or has had a severe reaction to a flu shot in the past.

Content Source: Coordinating Center for Infectious Diseases (CCID), September 24, 2008

More From the Net: *The Influenza Epidemic of 1918*

Hard as it is to believe, the answer is true. World War I claimed an estimated 16 million lives. The influenza epidemic that swept the world in 1918 killed an estimated 50 million people. One fifth of the world's population was attacked by this deadly virus. Within months, it had killed more people than any other illness in recorded history.

The plague emerged in two phases. In late spring of 1918, the first phase, known as the "three-day fever," appeared without warning. Few deaths were reported. Victims recovered after a few days. When the disease surfaced again that fall, it was far more severe. Scientists, doctors, and health officials could not identify this disease which was striking so fast and so viciously, eluding treatment and defying control. Some victims died within hours of their first symptoms. Others succumbed after a few days; their lungs filled with



fluid and they suffocated to death. The plague did not discriminate. It was rampant in urban and rural areas, from the densely populated East coast to the remotest parts of Alaska. Young adults, usually unaffected by these types of infectious diseases, were among the hardest hit groups along with the elderly and young children. The flu afflicted over 25 percent of the U.S. population. In one year, the average life expectancy in the United States dropped by 12 years.

It is an oddity of history that the influenza epidemic of 1918 has been overlooked in the teaching of American history. Documentation of the disease is ample, as shown in the records selected from the holdings of the National Archives regional archives. Exhibiting these documents helps the epidemic take its rightful place as a major disaster in world history.



Letter carrier in New York wearing mask for protection against influenza. New York City, October 16, 1918.



Nurse wearing a mask as protection against influenza. September 13, 1918.



Street car conductor in Seattle not allowing passengers aboard without a mask. 1918.

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6 - 10 PM

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\$8/PERSON OR
\$6 W/CANNED FOOD