

# The Parrot

Your ARC newsletter by and for ESL, multicultural, international students, new Californians, and, well, anybody really...

**Issue # 32** 

Fall 2009

### Prof. Alicia Cervantes, Early Childhood Education

Parrot: What made you become a teacher?

Alicia: I think that I've always enjoyed working with children. I like working with people and always liked my teachers. My teachers encouraged me to go

into teaching. They said that it was a career that I might be interest in and the more I work with children the more I'll enjoy it.

**Parrot:** What is the most fun thing about teaching?

*Alicia:* I like the fact that you're always meeting new people, that everyday is different so your not doing the same thing everyday and that it's exciting when you have students that are motivated and have passion for learning. You feel you make a difference ...

Parrot: If you were not a teacher, what would you be doing?

*Alicia:* I would be doing something artistic involving visual or performing

**Parrot:** what are your favorite hobbies?

**Alicia:** I like dancing and singing. I sing professionally and as a hobby. I used to play the guitar although its been sitting there lately and I need to start doing that again. I enjoy painting. I have an art studio in

my backyard. So, I go out an create and paint. I spend time with my family and friends. I have a very big family and I see my family at least 2 to 3 times a week probably. I spend a lot of time with my extended family.

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# I try to take one day at a time, but some-

times several days

attack me at once.

It's a Piece

of Cake!

see page 13

**Jennifer Unlimited** 



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### Summering

My family had two really fun adventures this summer. The first was flying out to Tybee

Island (near Savannah), Georgia to visit my husband's parents. We stayed for ten days and got to go to the beach several times. My kids also had a lot of fun fishing and crabbing with their grandfather. After we came back to California, we went on a

my son's preschool. It was the first time we had taken our kids camping, and they just

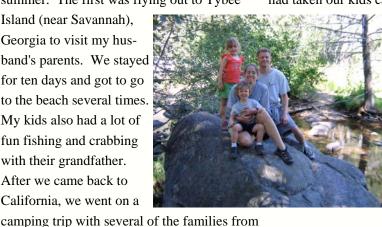
loved it. One thing they really loved was not having to take a bath for three days! We only went swimming during those three days, so don't look too closely at our picture!

Prof. Joye

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# Student Chirpings

#### It is Crazy Today, but Tomorrow...

Perhaps all people make plans in order to organize their lives. Some plans are farsighted, but usually we simply organize our every-day lives by them. When our plans come true, we feel satisfied. However, after some unexpected situations we feel lost and crazy. Sometimes we don't know what to do or what will happen next, so our decisions and actions may be spontaneous. In this case, we are happy and lucky when the end is happy. I'll never forget some days in my past when I experienced this situation.

It was many years ago. We, a group of young girls, worked in Russia. Two months passed. We finished our work and waited to get our earnings. That day was Friday. Because the "kolkhoz" (a common farm in Soviet Union) didn't have enough money in cash at that time, they gave us some vouchers and said, "You'll get your money in the bank." The bank was in Umet, a small town in the Tambov region, located 20 kilometers from the village of Olkhovka where we worked. We took our suitcases and went by bus to Umet. We were very happy because we planned to get our money and go home to Ukraine by train that evening.

but unfortunately, saw the sign "Closed" on the door. The bank stuff was working in a kolkhoz. (It was a usual event in the Soviet Union. Even children often left their classrooms and went to harvest potatoes and beets in the kolkhoz fields). What could we do? We didn't have any money except for a few rubles. We couldn't buy tickets of even pay for a hotel. We knew that the railroad station was open



round-the-clock, so we went there. We intended to sit on the benches inside the station all night long and then go back to the bank in the morning. Of course, the railroad station wasn't like home, but being inside it was better than outside. There were some people buying tickets and waiting for the trains. Suddenly, we saw a group of young guys coming to us. They were drunk and began to bother us. We were so scared. Nina, my friend, began to cry. After that, those guys left, but we knew for sure they would come back. What to do? My In Umet, we found the bank, friend Valya said "Go walk and look for money; maybe someone has lost some." Can you imagine

two crazy girls walking along the street and looking at the ground? What happened next? Of course, Valya and Lyuba didn't find any money. They came back and we were more upset than before. However, we didn't want to stay there any longer. Then I suggested, "Go to a hotel and ask an administrator to give us a room for free." Nina agreed to go with me. I'll never forget how I told that woman at the front desk our story. Nina stayed next to me and cried. I knew we looked and felt crazy, but we were convinced that there were many kind people on Earth, and that that woman was one of them. She gave us a key, and we promised to pay for the room after we got our money in the bank. We thanked that woman a lot because the bank was closed both on Saturday and Sunday. Even though we ate only bread those two days, we were safe and slept on beds.

On Monday morning, we took our money (about 1000 rubles for each person) which was big money at that time, the middle of the 1980's. We went to a restaurant. Then, we paid for the hotel, bought the train tickets, and went back home.

Life is like a movie. The small difference is that no one can rehearse for any scenes in it.

Tatyana Lashchuk ESL R320



# NET Escape - Articles from the net.

### **How To Take A Phone Message**

Though the world has gone tech-savvy, the phone still remains an imperative part of all communications. It connects a person directly to the other and also helps in conveying • information. While you cannot be around the phone all the time, an efficient way to make up for the unavailability would be to appoint someone who can a take the message from the caller (if any). Though this might sound a simple task, there is an art in taking phone messages as well. It • shows the interactive skills of the person appointed for the

task. So, while appointing someone, ensure that the person is efficient in taking calls. Believe me, there can be nothing more annoying and frustrating than to be handed a crumpled piece of paper, with semi-legible words written on it and being told that it's important. Phone message should be accurate and detailed, at the same time, allowing the owner to spend little or no time in deciphering the note. In the following lines, we have provided effective tips on how to take a phone message.

in handy at such times, when you need to re-confirm the message or get back to the person.

- The time of the call is one of the essential components of taking an accurate and effective phone message. This would help you remember or recall the conversation clearly.
  - While penning down the information, make sure to ask for correct spellings. Though it might sound insignificant, wrong spellings can change the message completely.
    - Make a note whether the message is urgent or not. This way, the owner of the message would get to know whether or not is it time sensitive.
    - Pause for a moment or two before you hang up. Make sure you read the message details to the caller, so as to make certain that they are correct.



- The first and the foremost tip to take an accurate phone
  message would be penning it down on a piece of paper,
  rather than scribbling it at the back of an envelope or a
  bill. Avoid writing a message at the edge of another
  one.
- Avoid writing the message on a paper with little or no space left. Chances are you would not be able to decipher the message at the later hours of the day.
- While writing the message, make sure to include important details, such as the caller's name, company and telephone number, with area code. This way, you can avoid confusion. Also, a message tagged along with the name of the giver and his/her company name, would help you understand it better. Telephone number comes

- A good way to reduce or lessen any confusion in the future would be to sign the paper or write your initials at the end of the message. This way, whoever requires a clarification can directly contact you, when needed.
- While penning the message correctly is vital, keeping it at a strategic location is also imperative. Make sure you leave the message somewhere the recipient is sure to come across. Writing desk, bed or on the door of the refrigerator are some of the places you can place the message.
- Last, but certainly not the least, invest in good pens.
  Otherwise, you would be left with the message in your
  mind only, with no written proof! Avoid writing the
  message with a pencil.

### Parrot Warbling



# Grappling with grammar

#### **Active Voice, Passive Voice**

**Active voice:** The active voice is the "normal" voice. This is the voice that we use most of the time. You are probably already familiar with the active voice. In the active voice, the object receives the action of the verb.

	subject	verb	object		
active		>			
	Cats	eat	fish.		

**Passive voice:** The **passive voice** is less usual. In the passive voice, the **subject** receives the action of the verb.

	subject	object		
passive	<			
	Fish	are eaten	by cats.	

The **object** of the active verb becomes the **subject** of the passive verb:

	subject	verb	object
active	Everybody	drinks	water.
passive	Water	is drunk	by everybody.

#### Silly Vasily's Chuckle Chamber



Scientists have proven that cats have more hair on one side than their other side. Some people believe that this is because when cats lie on their side they need insulation from the cold on the floor or ground. Which side of a cat has more hair?

Well Duh! The outside of the cat of course!

## Idiom-Attic



#### At each other's throats

Ian and Alfonso have never gotten along together. As Long as I can remember they've been at each other's throats. That is to say they have always been quarrelling, arguing and - on occasion - fighting. "We've been at each other's throats so long we've forgotten why we're mad at each other," Alfonso said.

# Beak Speak!

• In Old English, the word with meant "against".

This meaning is still preserved in phrases such as "to fight with".



- No English words rhyme fully with *orange*, *silver*, or *month* (there are, however, some partial rhymes, or pararhymes, for these words, such as *salver* for *silver* and *lozenge* for *orange*).
- The word *boycott* comes from Charles C. Boycott. He was hired by an Irish earl to collect high rents from tenant farmers who completely ignored him.
- The word "uptown" was in use before the word "downtown" was. Both words were originally used to describe parts of Manhattan.

#### Rigoberto's Riddles

As a whole I am both safe and secure. Behead me and I become a place of meeting. Behead me again and I am the partner of ready. Restore me and I become the domain of beasts. What am I?

A Stable.

#### More Parrot Fun Stuff

# **69**

#### Friendship Word Search

Find and circle all of the words that are hidden in the grid. The remaining letters spell an additional word related to friendship.

D	С	В	С	С	Α	Μ	D	K	С	0	F	Α	S	R
Ν	Ε	0	0	Α	0	Ν	Υ	0	1	R	G	S	D	Υ
Е	T	Υ	Ν	Е	Е	Μ	М	T	1	Ν	Е	1	Н	L
1	Α	F	F	L	٧	R	Ρ	Е	1	Ν	S	Τ	М	L
R	М	R		Α	Α	1	Ν	Α	Е	Ν	Α	Н	Α	Α
F	М	Ĩ	D	D	М	D	Τ	S	Ν	Ρ	1	F	Ĭ	Е
L	0	Ε	Ε	В	L	Ĺ	0	R	М	Ì	F	F	R	Ρ
R	0	Ν	U	Ĺ	Ρ	L	Τ	Υ	0	Е	0	Α	F	Τ
Į.	R	D	Ν	Е	С	Α	S	Υ	С	Ρ	Н	Ν	S	Α
G	D	Е	L	0	Υ	Α		Т	Υ	S	Ρ	U	R	R
Υ	S	G	0	0	D	Т	1	М	Е	S	R	U	1	0
S	С	Н	U	M	Н	0	Ν	Е	S	T	Υ	F	S	٧
E	С	Ν	Α	Т	Ν	1	Α	Ü	Q	С	Α	U	Е	Α
Υ	Н	Т	Α	Ρ	М	E	S	S	Е	Ν	D	Ν	0	F
Acquaintance				Companion				Honesty						

Acquaintance
Affection
Affinity
Ally
Amigo
Amity
Boyfriend
Buddy
Chum
Closeness

Companion Comrade Confide Empathy Favor Fondness Friendliness Fun Girlfriend Good Times

Lend
Loyalty
Pal
S Roommate
ess Share
Supportive
d Sympathy
nes Trust

Kinship

#### Smart

My dad gave me one dollar bill
'Cause I'm his smartest son,
And I swapped it for two shiny quarters
'Cause two is more than one!

And then I took the quarters
And traded them to Lou
For three dimes-I guess he don't know
that three is more than two!

Just then, along came old blind Bates
And just 'cause he can't see
He gave me four nickels for my three
dimes,
And four is more than three!

And I took the nickels to Hiram Coombs

Down at the seed-feed store,
and the fool gave me five pennies for them,
And five is more than four!

And then I went and showed my dad, and he got red in the cheek And closed his eyes and shook his head-Too proud of me to speak!

Shel Silverstein

#### To Think About

- I wonder how much deeper the ocean would be without sponges.
- Change is inevitable except from a vending machine.
- It is hard to understand how a cemetery raised its burial cost and blamed it on the cost of living.
- Light travels faster than sound. This is why some people appear bright until you hear them speak.

- You can't have everything....where would you put it?
  - A fine is a tax for doing wrong. A tax is a fine for doing well.
    - I feel like I'm diagonally parked in a parallel universe.
  - He's not dead... he's electroencephalographically challenged.
- A day without sunshine is like, well, night.

### Some Hecka Cool Holidays for September

#### Read a Book Day



When: September 6th

Take time out of your busy life, and relax with a good book. Cozy up on a chair, indoors or out. It doesn't matter where you read that book, as

long as you can do so in a comfortable manner. If you doze off along the way, we won't tell anyone.

Reading is a great lifetime hobby. It offers so many positive attributes. It's relaxing and therapeutic. It's educational. Its entertaining. And, a whole lot of other good things, too.

If you have young children, or elderly people in your home, take the time to read a book to them today. It is a wonderful time to bond with them and it creates pleasant, lasting memories

#### **International Literacy Day**

When: Always September 8th

International Literacy Day celebrates and promotes literacy all over the world.

The day was created by the United Nations. It is promoted by the UN's

UNESCO. According to their website: "The aim is to highlight the importance of literacy to individuals, communities and societies."

Literacy is a global issue, and hence the UN takes an active role in promoting it. They do recognize and celebrate that billions of people are literate. But, they go further to promote literacy, and to seek improved literacy rates in every country of the world.

**PS:** If you are reading this, then you can and should celebrate International Literacy Day.

#### **Uncle Sam Day**

When: September 13th

Uncle Sam Day celebrates a symbol of America. Uncle Sam is certainly one of America's most recognized symbols. Uncle Sam appears on everything from military posters to cartoon images to advertising media. He is, perhaps, the most recognizable symbol in the world.

**Did you Know?** There are other human symbols representing our country, none anywhere near as popular as Uncle Sam. They include Brother Jonathan, who largely disappeared after the arrival of Uncle Sam, and Columbia, a female.

#### Origin of Uncle Sam Day:

There are two theories as to how Uncle Sam emerged. Both date back to the early 1800's.

The officially recognized theory dates back to soldiers stationed near Troy, New York, during the war of

1812. Barrels of meat they received were stamped "U.S." The supplier was Samuel Wilson of Troy, New York. Solders jokingly referred to him as "Uncle Sam". In 1813, the first image of "Uncle Sam" appeared. In 1961, the U.S. Congress issued a resolution recognizing "Uncle Sam" Wilson, and authoriz-

ing a monument in his hometown in Troy, NY.
There is a second, less popular theory of the creation of Uncle Sam. During the early 1800's, Irish

immigrants were coming to America.

Some believed that Uncle Sam emerged from these immigrants. In their Gaelic

language, the United Stares of America was "Stáit Aontaithe Mheiriceá", abbrevi-

ated "SAM".

Uncle Sam Day became official in 1989, when a joint resolution of Congress designated September 13 "Uncle Sam Day". This date was selected, as "Uncle Sam" Wilson was born on September 13, 1776.



# To start the semester: Dr. Zeus! Oh, the Places You'll Go!

On the Places You'll Go

Congratulations!
Today is your day,
You're off to Great Places!
You're off and away!

You have brains in your head.
You have feet in your shoes.
You can steer yourself
any direction you choose.
You're on your own. And you know what you know.
And YOU are the guy who'll decide where to go.

You'll look up and down streets. Look 'em over with care.

About some you will say, "I don't choose to go there." With your head full of brains, and your shoes full of feet,

you're too smart to go down any not-so-good street.

And you may not find any you'll want to go down.
In that case, of course, you'll head straight out of town.

It's opener there in the wide open air.

Out there things can happen and frequently do to people as brainy and footsy as you.

And when things start to happen, don't worry. Don't stew.
Just go right along.
You'll start happening too.

THE PLACES YOU'LL GO!

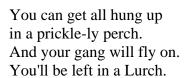
You'll be on your way up!
You'll be seeing great sites!
You'll join the high fliers!
who soar to high heights.
You won't lag behind, because you'll have the speed.

You'll pass the whole gang and you'll soon take the lead.

Wherever you fly, you'll be best of the best. Wherever you go, you will top all the rest.

Except when you don't. Because, sometimes, you won't.

I'm sorry to says so but, sadly, it's true that Bang-ups and Hang-ups can happen to you



You'll come down from the Lurch with an unpleasant bump. And the chances are, then, that you'll be in a Slump.

And when you're in a Slump, you're not in for much fun. Un-slumping yourself is not easily done.

You will come to a place where the streets are not marked.

Some windows are lighted. But mostly they're dark. A place that could sprain both elbow and chin! Do you dare to stay out? Do you dare to go in? How much can you lose? How much can you win?

And IF you should go in, should you turn left or right...

or right-and-three-quarters? Or maybe not quite? Or go around and back and sneak from behind? Simple it's not, I'm afraid you will find, for a mind-maker-upper to make up his mind.

You can get so confused that you'll start in to race down long and wiggled roads at a break-necking pace and grind on for miles across weirdish wild space,



headed, I fear, toward a most useless place

The Waiting Place...

...for people just waiting.

Waiting for a train to go or a bus to come, or a plane to go or the mail to come, or the rain to go or the phone to ring, or the snow to snow or waiting around for a Yes or a No or waiting for their hair to grow. Everyone is just waiting.

Waiting for the fish to bite or waiting for wind to fly a kite or waiting around for Friday night or waiting, perhaps, for their uncle Jake or a pot to boil, or a Better Break or a string of pearls, or a pair of pants or a wig with curls, or Another Chance. Everyone is just waiting.

NO! That's not for you!

Somehow you'll escape all that waiting and staying. You'll find the bright places where boom bands are playing.

Oh, the places you'll go! There is fun to be done! There are points to be scored. There are games to be won.

And the magical things you can do with that ball will make you the winning-est winner of all. Fame! You'll be famous as famous can be, with the whole wide world watching you win on TV.

Except when they don't. Because, sometimes, they won't.

I'm afraid that some times you'll play lonely games too. Games you can't win 'cause you'll play against you.

All Alone! Whether you like it or not. Alone will be something you'll be quite a lot.

And when you're alone, there's a very good chance you'll meet things that scare you right out of your pants.

There are some, down the road between hither and yon,

that can scare you so much you won't want to go on.

But on you will go though the whether be foul. On you will go though your enemies prowl. On you will go though the Hakken-Kraks howl.

> Onward up many a frightening creek, though you arms may get sore and your sneakers may leak.

On and on you will hike. And I know you'll hike far and face up to your problems whatever they are.

You'll get mixed up of course, as you already know.
You'll get mixed up with many stray birds as you go.

So be sure when you step.

Step with care and great tact
and remember that Life's
a Great Balancing Act.

Just never forget to be dexterous and deft.

And never mix up your right foot with you left.

And will you succeed? Yes! You will indeed! (98 and 3/4 percent guaranteed!)

#### KID, YOU'LL MOVE MOUNTAINS!

So...

be your name Buxbaum or Bixby or Bray or Mordecai Ali Van Alenn O'Shea you're off to Great Places! Today is your day! Your mountain is waiting. So... get on your way!



A place you shouldn't go?

## Got Needs?

#### **Granny Noetal**

#### Dear Granny,

Do you have a Facebook or Twitter page?

#### **Social Networking Nerd**

#### **Dear Nerd**

Right now I've just got a Parrot page, but I guess to stay young I've got to get my

face out there in cyber space. So, I'm talking to my people and I'll be facing and tweeting like the rest

> of the world soon enough. I want to start texting too, but I guess I've got to get a cell phone for that. I tried it on my electric shaver and almost got electrocuted.

> > Granny

## Out of the Cage



#### 2009-2010 FAFSA Workshop

Wednesday, August 26, 2009 8:30 am - 11:00 am

This workshop will assist students in completing their <sup>7</sup> 2009-2010 FAFSA applications on-line. Students should bring their Social Security Card (SSN), Parent's Social Security

Card if dependent, 2008 Federal Tax return or estimated taxes for 2008, personal income information, asset information, and any investments and/or other financial information available. The workshop will be located in the Assessment Testing Lab in the Student Services building on a first-come-first-serve basis with limited space. Students must arrive no later than 10:00am. Students who are not able to complete the FAFSA by the end of the workshop will need to save their work and either complete it on their own or return to another workshop

#### **Questions/ Comments?**

Please let us know what we can do to improve "The Parrot" We appreciate any and all feedback you are willing to give us. Send us an e-mail, call, or just drop by Professor Bracco's office D387 (Davies Hall), or call (916) 484-8988, braccop@arc.losrios.edu.

#### **Resume Development Workshop**

Tuesday, September 8, 2009 5:00 pm - 6:00 pm

Your resume reflects your uniqueness. This workshop focuses on the physical appearance of a resume, including different types of formats and the kinds of information that should be included. Tips on writing an effective cover letter to send with your resume and formatting scanner friendly resumes will also be discussed.



#### **Welcome Day**

Wednesday, September 9, 2009 10:00 am - 2:00 pm

Welcome Day will be held on Wednesday, September 9, 2009 from 10:00

a.m. to 2 p.m. in the Rose Marks Ouad.

This provides all students-especially those new to the campus--a great opportunity to learn more about the college's instructional programs and student support services.

#### Parenting the Parrot Way!

#### Rewards vs. Bribes

What is the difference between rewards and bribes?

A reward is offered ahead of time, before a child is asked to do something. For example, a child may be promised a reward if he/she helps his/her parents bag leaves. For the child the reward reinforces the good behavior.

A bribe, on the other hand, is used to encourage a child to do something he/she has already refused to do. A parent might offer a candy bar to the child who has refused to clean up his/her room, for example. Bribes tend to teach a child that he/she can get what

he/she wants by refusing to cooperate.

ESL Prof. Elizabeth Fortunately, for many young Moon children the best reward for a job well done is an adult's positive attention. The more attention and encouragement you dispense for good behavior, the more good behavior you'll see.

Save the rewards for special occasions. By thinking ahead, you can do away with bribes altogether.

To contact Prof Moon: moone@arc.losrios.edu



The Parrot would like to say "cheerio" and "thanks" to

> Professor Brenda McTighe, who has entertained and enlightened us so well over the last few years with her column, "The Accidental Historian." It is no acci-

ESL Prof. Brenda McTighe dent, however, that she is

taking leave of The Parrot to spread her wings in sunny Leicester, England, where she will be doing graduate work and research in Victorian Studies. We wish Brenda the best and hope to periodically hear about her adventures in merry England. We also hold out hope that she will eventually resume submitting her column to The Parrot, this time under the heading "The Purposeful Historian." If that is not possible, we'll settle for a couple of round-trip plane tickets to England!



The University of Leicester is a research led university based in Leicester, England, with approximately 20,000 regis-

tered students - about 13,000 of them full-time students and 7,000 part-time and/or distance learning. The main campus is a mile south of the city center, adjacent to Victoria Park and Wyggeston and Queen Elizabeth I College.

On 23 October 2008 the University was named University of the Year by the Times Higher Education at their annual awards celebration.





The Parrot

#### Artie's Studio

#### Dear Artie,

Could you share some of your artist friends' reasons for becoming art, focusing on what they have done for the community of Sacramento? Thanks!

#### **Wanting Inspiration**

#### **Dear Wanting Inspiration,**

What a delightful question and request. I feel that all

people need role models, especially role models that give us purpose and inspiration. To this end, I have decided to share some of my artist friends' backgrounds with my readers in the hope that these will inspire and give purpose to your artistic endeavors. Let's begin with "Artist A", shall we?

Artist A is very well-known in the Sacramento Art Scene and has

been for over 40 years. She is a famous and inspiring artist in the fields of batik and silk painting. While producing her art, she also taught adult education and worked with the developmentally disabled for over 20 years in the San Juan School District. In addition, she has given many demonstrations and workshops in the area as well as often demonstrating for the "Art in Action" program for the California State Fair. Finally, Artist A has donated her work to the KVIE Art Auction since 1960.

Artist A is further known for receiving many commissions for her work which may be seen in numerous public places such as the University of California, Davis Medical Center, Saint Francis Episcopal Church in Fair Oaks and the Chapel at McClellan Air Force Base (the batik panels once at McClellan were

moved to the Fair Oaks Episcopal Church). Artist A has also won many awards in Juried Exhibitions for her inspiring works of batik and silk painting work. Among these were awards at the California State Fair, First Prize in Batik (1973); the California Crafts XI, Crocker Art Museum (1979); the Northern California Arts Show, Second Prize (1993); and the Saint John's Religious Show, Second Prize (1985), to name but a few.

One of Artist A's most notable achievements (from

1977 to the present) has been to collaborate with a local architect in designing and building a contemporary home with a separate garage and art studio. This home is unique because it is as environmentally engineered as current technology can make it. She had the thrill of "hands on" participation in the home's construction



Prof. White — Artie's Mentor

pounding 16d nails! The house was featured in the "California Life" section of the Sacramento Bee newspaper in September, 2000. In addition to constructing an environmentally engineered home, Artist A served as the Vice President of the Creative Arts League of Sacramento from 1995 to 2000 and as President from 2000 to 2002.

As you can see, Artist A has a tremendously interesting and inspiring background to share with blossoming artists. She has not only served as an educational role model but also as an inspired artist. Each time that I visit with her, I learn more about life and art. She has truly enriched my life and the life of the Sacramento community.

Artie

#### Take a Hike

#### Silver Terrace Cemetery — Virginia City, NV

Recently, my adult daughter and I traveled to the old west town of Virginia City, Nevada. Set high in a desert mountain range near Carson City, Virginia City was founded soon after gold and silver were discovered there in the late 1850's. This is reportedly the most valuable strike of gold and silver ever found in the U.S. At that time. the town was a wild and lawless place populated by miners, gamblers, prostitutes, outlaws, and the merchants who supplied the miners with goods. During the 1860's author Mark Twain lived in Virginia City, where he published a newspaper. Naturally, the town needed a cemetery. Residents used a site on a hill about a half-mile outside of town for the burial ground. The first person was placed there in 1859. Since then, thousands of the town's citizens have met their final resting place in Silver Terrace, or "Boot Hill" as it is sometimes called. Actually, the cemetery is comprised of eleven different sections. These sections were reserved for such diverse groups as the Masons, Odd-fellows, Firemen, Chinese, Jews, Catholics, and Native Americans.

As Virginia City was filled

with tourists on the day of our visit, my daughter and I soon tired of the crowds and left to find some place peaceful. We drove over to the Cemetery's outskirts where we found a small parking area with a gate at the far end. The gate and a fence keep motor vehicles out of the cemetery. A dirt road winds



Trail Mick does not recommend this footwear for hiking!

through the cemetery in a large circle. Hiking this path makes for a nice walk of about a mile and a half. Cemetery sections that we wanted to explore were easily accessible from the road. During our walk we saw very few other people, dead or alive. The Cemetery grounds were quiet and afforded sweeping views of the surrounding desert mountains. We inspected ornate fencing and many hand-carved headstones depicting the life spans of people buried there.

Though some parts of the Cemetery have obviously deteriorated, other parts have been kept up or restored by townspeople. There are signs everywhere warning people that it is prohibited to disturb anything, or to remove things from the premises. The old Cemetery is open to the public every day from dawn to dusk. Weather tends to be on the cool side much of the time at this altitude - 6000 feet.

To get there, take U.S. Highway 50 eastward from Sacramento and go past Lake Tahoe and through Carson City. Keep on Highway 50 as it travels east of Carson City for a few more miles to the junction of Highway 341. Take 341 north to Virginia City and continue through the town. Once on the other side, turn right on Carson Street, then left on Cemetery Road to the parking lot. It's about a 4 hour drive each way from Sacramento to Virginia City.

Trail Mick



http://travel.blizzardemail.com/

Page 13 The Parrot



Prof. Montgomery with happy eater

Welcome back everyone. I hope your summer break provided you with many pleasant and wonderful learning opportunities. This semester I will introduce The Parrot fans to several exotic and tasty recipes. The recipes will be presented

in a thematic style starting with a cake for your morning coffee. For each additional Parrot issue respectively, I will provide you with simple recipes to make appetizers, entrees, and desserts. So be sure to keep up with The Parrot. I hope you enjoy making these dishes as I have had.

This first recipe is great for those who need something sweet to enjoy with a morning cup of coffee. A colleague of mine from Sacramento State shared this recipe with me.

To contact Prof. Montgomery: montgot@arc.losrios.edu

#### **Coffee Cake**

#### **Ingredients**



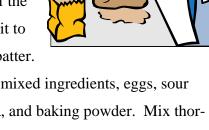
- 1 cup of brown sugar
- 3/4 cup of white sugar
- 3/4 cup of oil
- 2 and ½ cups of all-purpose flour
- 1 tablespoon of cinnamon
- 2 eggs
- 1 cup of sour milk (add one tablespoon of vinegar to milk to make it sour)
- 1 teaspoon of baking soda
- 1 teaspoon of baking powder
- 1 cup of walnuts (optional)





#### **Cooking Instructions**

1. In a bowl, mix brown sugar, white sugar, oil, flour, and cinnamon together thoroughly. Take out ¾ cup of the mixture and save it to spread on top of batter.



- 2. Add to the above mixed ingredients, eggs, sour milk, baking soda, and baking powder. Mix thoroughly.
- 3. Preheat the oven to 350°.
- 4. Grease 9" X 9" pan. Pour in batter and top with the ¾ mixture that you saved from step 1.
- 5. Add chopped nuts, if desired, to topping.
- Bake at 350° for 25 minutes or until cooked.

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**Parrot:** What is the last book you have read?

*Alicia:* I'm currently reading "Angels and Demons" and there is a movie about it that is coming out. The last book I read before that was "The Reader" which is also a movie.

**Parrot:** Who is you favorite writer?

Alicia: That's tough because I like a lot of writers. I guess off the top of my head I like a lot of poetry. I like David Sedaris.

**Parrot:** What is your favorite food?

Alicia: I have lots of favorite foods. Lets see... I definitely like sushi and Mexican food.

**Parrot:** What is your idea of a perfect vacation?

*Alicia:* Somewhere where I relax, where there is an ocean nearby and I can do whatever I want to do and the weather is very nice. Probably a tropical place.

**Parrot:** If you could interview anybody dead or alive who would it be?

Alicia: Frida Kahlo, who is dead. I think that it would be interesting to interview her.

**Parrot:** What is one thing you could not live without?

Alicia: I technically... I guess I would go back to food. But emotionally, I think definitely my husband, my family, and my friends.

**Parrot:** How many languages do you speak?

Alicia: I speak two languages, Spanish and English. Spanish was my first language which has turned into my second language and I would say that I'm 90% fluent in understanding but only 60% fluent in speaking.

By Patricia Mendez ESL-L320

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I spent 2 weeks at the "Instituto Cultural de Oaxaca" studying Spanish, living with a lovely Mexican family, and enjoying festivities connected to the Guelaguetza, a festival of regional arts and culture that

goes on for a couple of weeks every summer in Oaxaca. Roamed the streets of the old city in the evenings with amigas, watching clowns and parades, eating regional fare (Try the chapulines!), and generally having a lovely time. I hope to go back and do it again.

Prof. Zadra

I was fortunate enough to travel this summer to the Baltic countries – Lithuania, Latvia, and Estonia. The people were very friendly and very helpful. Most of my time was spent in the capital cities walking the cobblestoned street, camera in hand, marveling at architecture from bygone centuries, and working up an appetite for yet another pastry.

Prof. Bracco

As for sharing summer experiences ... The Moon family gathered in Florida for Elizabeth Moon's mother's 80th birthday. They celebrated the birthday by building castles in the sand, handling alligators at GATORAMA and eating too many pieces of birthday cake. A most exciting summer for everyone in the family!



Prof. Moon

