

Your ARC newsletter by and for ESL, multicultural, international students, new Californians, and, well, anybody really...

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Where Have you Been, Mr. Robinson?

Parrot: Hi Mr. Clint Robinson, I'm Mohammad from The Parrot. Could you introduce yourself please?

Robinson: My name is Clint Robinson. I'm a Taekwondo instructor by profession. I've been teaching Taekwondo since 1969 in different countries and also throughout the United States.



Parrot: What about your classes at American River College?

Robinson: I've got extra teaching part -time. I rotate between teaching taekwondo and cardio kickboxing. I'm working in the physical education department.

Parrot: Why did you get into martial arts?

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The Dream Act

See Page 11

Everything in writing begins with language. Language begins with listening.

Jeanette Winterson

Learning a Language – 10 Things You Need to Know

1. Make realistic, specific goals You have decided to learn another language. Now what? On our recent live chat our panellists first piece of ad-

vice was to ask yourself: what do you want to achieve and by when? Donavan Whyte, vice president of enterprise and education at Rosetta Stone, says:

"Language learning is best when broken down into manageable goals that are achievable over a few months. This is far more motivating and realistic."



You might be feeling wildly optimistic when you start but aiming to be fluent is not necessarily the best idea. Phil McGowan, di-

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Student Chirpings

A "Tree" vs. a "Family"

Have you ever imagined yourself in your extended "family tree"? If the answer is yes, where have you seen yourself? I remember that I have seen in someone's home a photo of a big tree on which had been attached photos of relatives. I thought that that person had a great idea to arrange his extended family in this special way. In fact, a

tree and a family have several similarities.

One similarity that a tree and a family has is the root, which means from where they come. A tree has its root hidden in the ground. Even if we can't see it, we know that it is there. Actually, it's the tree's source of existence. Sometimes we can even see how the root goes down from the trunk. The root has the function of sucking out water and nutritive substances from the

ground. Similarly, a fam-

ily has its root. A family root is

all ancestors that have ever lived on the earth. We can't see most of the ancestors of a family because they died many years ago, and now they are in the ground. Even though we might see grandparents, they can be compared with the tree root that can be seen outside the ground. Like the tree root, grandparents, who are the family root, are the source of a lot of knowledge and support that the younger family has gotten in their life.

Another similarity is how a tree trunk brings together the root with the branches, in the same way the current family brings together its ancestors and its descendants. The trunk of a tree is thicker than other parts of the tree. Also we can say that it is the middle part of the tree that draws together

its root with its branches. The trunk transports the water and the nutritive substances. In like manner, the family, husband and wife, is like a trunk. These two are like one body. They both get together to have their descendants. Likewise, they teach and pass on to their children everything they got from their parents, such as language, culture, etc.

> The water and the nutritive substances are very important to a tree; similarly,

> > language and culture are greatly significant to the family descendants.

Finally, tree branches and family children are similar. First, the trunk divides into a few branches that are thinner than the trunk, and then those branches split into smaller ones, and so on. Like tree branches, family children come after their parents, and then those children get married and give birth to

> es go in different directions to keep the balance and good look. In the same way, children go in different directions following

descendants. Second, tree branch-

their goals and interests. Besides that, they keep a relationship balance with their parents for a united family. Third, if a branch dries up, we cut it and nothingness replaces it. In like manner, if a child dies, no one replaces him or her even though other children might be born.

In conclusion, as a tree has three different important parts, similarly, a family has different important generations. A tree can't exist without one of its main parts; likewise, a family had better keep track of its ancestors and descendants. We all should gather information about our "family tree" to know who we are.

> Silvia Tacu W310

Facebook Love

My funny experience turned into a blessing. It involves my husband. When this experience started, we lived in two different parts of the world. You can say my life was already planned. I never thought I would end up where I am now.

One day, I got a "like" for a picture that I posted on Facebook. Then, a message came. I ignored the person who sent

the message for about a week. Finally, I decided to give him a response, after which we messaged each other on Facebook until 7:00 am. Our conversation had to end because I had to go to work. Here is where it becomes crazy! After only three months, he showed up in my hometown. (My sister knew him in Sacramento and he randomly showed her my photo!

Then she gave him my address in my country after I told her about him). This was on May 8. On May 9, he proposed to me. During his two-week stay, he did not get a "yes" or a "no" from me because at that time, I had a long-term boyfriend. I needed to figure out what I was going to do. My dad loved and cared for me so much that he hired a bodyguard because he was afraid of my new friend!

My new boyfriend and I explored my town, surrounding towns, and historic places. On the last day, when he was leaving, at the airport, I said "yes!" My new fiancé was so happy! Then, I broke up with my old boyfriend. My new fiance even wanted to change his airplane tick-

et. The next time he came was on my birthday. On that visit, we began the official paperwork process for my fiance visa to the United States. The third time he came, we discussed our wedding, which would be in November. November was the last time he would have to travel so far. I am sure he was happy about that. On November 13, we were married. A week later, I had to say my goodbyes to my family and get on a

plane. Finally, he didn't have to make that trip by himself.

My new family was already waiting for me in the USA. I was very fortunate to not be here by myself while I was adapting to a whole new life. With their help, and the help of my husband, I now feel that this is where I belong. I am so happy that I went through this crazy experience because I now have a family and a new place that I call home.

Ela Karpenko W30





The Effects of Having a Bad Teacher

"The mediocre teacher tells.

The good teacher explains.

The superior teacher demonstrates.

The great teacher inspires."

William A. Ward

Students' attitudes to studying depends on the teacher. You can be a student without any talent, or other aptitudes, but if your teacher inspires you to

study, you can obtain really good results. However, sometimes we encounter bad teachers who can destroy the love to study or even bury it very deeply. There're three main effects of having a bad teacher: the student's loss of confidence in her own abilities, the student's reticence and lack of confidence, and the student's unwillingness to study anymore.

The first effect of having a bad teacher is the creation of uncertainty in a student's abilities. In middle school, my class had a very strict geography teacher. It was a very old woman

who went through the severe Soviet educational system and behavior training. Her lessons meant an ideal silence. Her eyes "burned through" each student. When she called somebody to answer in front of the class, everybody was praying not to be named. If somebody was rummaging through a bookbag, she yelled," Why are you moving like a flea in manure! [It's a Russian idiom]" I liked geography and was always prepared for her lessons until one day when, for no reason, I didn't read a paragraph. That day the teacher called me in front of the blackboard to answer the homework. If I told her that I wasn't prepared, she would automatically give me an "F", so I decided to say something, rather than nothing. She knew that I wasn't ready. I got only good marks in geography until that day. She was very angry with me. It didn't matter to her what the reason was for my fiasco. In the future, she always downgraded my knowledge,

and I began to doubt my own abilities. I wasn't sure in answering the questions, even if I knew the correct answer.

The second effect of having a bad teacher is the creation of reticence and lack of confidence in a student. The pressure from strict teachers on their students made some of them closed and unconfident. One of my English teachers liked to laugh about student pronunciations and translations. She could easily turn a lesson into a circus. The person

who made mistakes became a clown for the whole class. The mediocre students were afraid to say something aloud first in order not to be maked. During English lessons, those students tried always to be quiet and inconspicuous. The fear to say the wrong word in the class led to a failure to learn the language.

Finally, the third, and the most terrible effect is students' unwill-ingness to study anymore. The active antagonism with teachers is one of the main reasons why students drop classes and drop out of school. In my middle school, teachers didn't usually

worry about the students' problems. The age of teenager is the most difficult period for youth. In this time teenagers became very "smart" and adult. They don't care about the future. They want to live only for today. I think it's a teacher's obligation to be a qualified psychologist for their students. The teacher shouldn't only teach, but also needs to inspire.

The creation of uncertainty, reticence, and unwillingness to study anymore are the three main effects of having a bad teacher. In many ways, the student's success in the future, her behavior, and perseverence depend on the teacher's knowledge and his teaching methods. A great teacher is the biggest happiness for students.



Svetlana Andruh W50

Culture Clash

As far as I know, I had never made a cultural mistake when I came to the United States. My Chinese culture is completely different from the culture of the United States. When I first came here, everything was new for me. There was a new language, a new culture, and a new environment. When I first came here, I was really scared to go out by myself. When I finally went out alone, I experienced culture clash.

That day was very hot. I had just come to the

United States for one week. I still had jet lag because China and the United States have completely different times. I woke up really early in the morning. My dad and my mom were still asleep. I was very bored, so I turned on the TV. I watched a show, but I didn't understand what they said. I could only understand a couple of words and their body

language, so I turned off the TV. I said to myself, "I have to find something to do, and I don't want to go back to sleep because if I go back to sleep, I will never adjust to the time of the United States." Therefore, I decided to clean the house.

At that moment, I cleaned the living room and my bedroom. When I finished that, I sat on my sofa. I saw the garbage was full. I thought I needed to throw the garbage away, but I was very afraid because I never went out alone. I had a picture in my mind that when I walked on the street, some monster would hurt me because I watched a lot of American TV dramas in China. I really liked watching "Walking Dead." The TV drama seemed the same as Rancho Cordova. When you walk on the street, there were only a couple of people or nobody walking on the street. Furthermore, I felt extra alone because I was afraid to talk to people. In my country, whenever you walk on the street, you still see more people than here. However, despite my fears, I still decided to go throw out the garbage.

I was holding the garbage with me. I was really careful to look around. I walked through the parking lot. I saw one person walking to me, and he smiled at me. I was very nervous. I walked a little faster. "Don't talk to me. Don't get close to me," I said to myself. However, he still said, "Hello, good morning." I was very shy and embarrassed to look at him, but I said, "Hi." Moreover, he still wanted to talk to me. I walked faster and felt the shaking of my hands. I almost ran

to my house. At that time, I still heard a voice behind me that said, "Don't worry, I won't hurt you." I was very scared. When I came home, my mom had woken up, and she was watching TV. I told her what had happened. My mom laughed at me. She told me that that was American culture. I stared at her in surprise. I couldn't believe that it was America culture.

In China, nobody says

"Hi, good morning" to strangers. If you do that, people think you are crazy. That's why that was such a shock to me. Now, I understand that people simply say "Good morning" to neighbors and strangers. That is a polite way to show people are very nice. I came to the United States almost three years ago. When I walk on the street now, I say hi to people. I won't make the same mistake again. When I made friends in the United States, I told my friends what happened when I first came here. They laughed hysterically. I laugh at myself, now, too.

As we all know, different countries have different cultures. I think everybody who comes to a new country will experience culture clash. When we live in the United States, we have to communicate with locals. What we should do is to learn the difference, and then we can really learn the difference well. I think if we live a long time there, we will adapt to the new culture.



Wencan Tao W310

I Love This Class

lam so tired! Are you too? I am a new ESL student at American River College. ESL students who don't speak English as a first language study English as a second language. Can you imagine what I have to go through? When the first day at the college people saw me, they asked me why I looked so happy and smiling. Nobody knew I was crying inside. As time went by, one of my classmates

who studies English told me how to graduate from college sooner. It will help students to graduate from college sooner if they find the easiest ESL professors. My classmate told me that there are three major steps in the process of finding the easiest ESL professors at American River College.

The first step in the process of

finding the easiest ESL professors is browsing a website, "ratemyprofessors.com." Before you enroll in the class, you should search the website ratemyprofessors.com, where the students give their ratings and their reviews of their professors. Next, you should read the reviews, and some students will post their opinions about their classes and their professors. This website is divided into three sections: helpfulness, clarity, and easiness for students to rate their professors. Meanwhile, you have to pay attention to professors who get the highest easiness rates and note a few professors' names on your paper. Next, professors who get the highest easiness rates will be the easiest ESL professors. You have to find out which classes the

easiest ESL professors will teach the next semester. Finally, you will match with the easiest ESL professors' classes for the next semester.

Another step in the process of finding the easiest ESL professors at American River College is finding students who used to take the classes with the easiest ESL professors. Before you enroll in any

class, you should ask students who took the class with the easiest ESL professors to make sure you choose the right classes for yourself. Then, you ask your classmates what they think about the classes that they took before with one of the easiest ESL professors. If they tell you a class has less homework and fewer tests. you should take the class. Next, you ask a few students, and you have to search who

you should take the class. Next, you ask a few students, and you have to search who gives you information about the easiest ESL professors. Then, you note the students' names and compare the students' personalities with information about the easiest ESL professors. If you ask good students who like to do the homework, they will not think the same as you. I am taking ESLW 50 for which I write one essay every week. Some of my classmates who get As don't think the professor gives us a lot of homework, but I am a bad student who thinks that it is a lot of homework. Finally, you have to ask more de-

The final step in the process of finding the easiest ESL professors is visiting the same class you are interested in taking next semester. After you

tails of your classmates who give you information

about how often they have homework and tests.



know the classes which you will take next semester, you should spy on the classes. Next, you go to the same class that you are planning to enroll in next semester, and find someone who sits in the back row of the classroom and ask for his

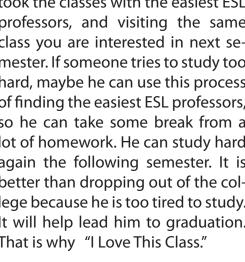
opinions about his professor and his class. Someone who sits in the back row of the classroom tells the truth about what he's thinking, and he is an honest person. Then you ask more students who study in the same class their opinions. Meanwhile, you will check at the professors' offices to see how often the easiest ESL professors aren't in their office during office hours because office hours are the professors'. Finally, you find the perfect classes for yourself, classes which don't

have a lot of homework, don't have a lot of tests, don't have mandatory attendance, and don't have the professors attending their office hours.

My classmate who told me that there are three major steps in the process of finding the easiest

ESL professors at American River College is doing very well with his classes. He gets As in ESLL 310, ESLW 310, ESLR 310, and ESLG 310. The three major steps in the process of finding the easiest ESL professors are searching the website ratemypro-

> fessors.com, finding students who took the classes with the easiest ESL professors, and visiting the same class you are interested in next semester. If someone tries to study too hard, maybe he can use this process of finding the easiest ESL professors, so he can take some break from a lot of homework. He can study hard again the following semester. It is better than dropping out of the college because he is too tired to study. It will help lead him to graduation. That is why "I Love This Class."



Pattaraporn Callorina W50

My 16th Birthday

tetatleky

Being a teenager is a beautiful and hard time, perhaps, for almost everyone. This time brings us a lot of good and bad experiences and memories. Do you remember your teen years? I do. I have a lot of memories from that time. One of them is about my 16th birthday. To be 16 was so important for me, but not because of a driver's license (in my country Moldova you can't get a license until you are 18). My mom said to me, "I will allow you to use make up when you are



16 years old!" At that time, all my friends in school already used make up, so I couldn't wait for my birthday-July 6, 2000.

I started to prepare for that important event already in May. I went through all the shops in my small town Orgeev. I wanted to find the most beautiful dress and high heels for my special day. My mom and I spent a lot of time. Finally, I bought a dress. It

was so charming that I couldn't believe it was mine. After that, we bought a pair of beautiful heels. I was happy and satisfied. I spent next two weeks trying to find decorations for my house. I bought a lot of balloons, ribbons, and flowers. My friends made posters for me with my photos. The posters were

about my life and our friendship. They looked beautiful. I put them on the walls. I was excited. It was July 5. The next day was going to be my birthday! My mom was in the kitchen all day. She prepared the best dishes for my birthday. I was happy. Later in the evening, I went to bed with thoughts about next day.

I got up early in the morning because I couldn't sleep. My mother was the first person who congratulated me and

presented me with my first make up kit. Yes, I was 16 years old and I could put make up on. In the evening I was like a celebrity with my new dress, heels, and make-up. At 5 p.m. my guests began to come. My friends and relatives came first. Then my mom came and said, "Do you remember my friend Silvia from Israel? She just came to Moldova and today she will come to visit us and to congratulate you!" Of course, I remembered her. She was a nice woman. In 15 minutes my mom's friend Silvia arrived. When Silvia came, my guests and I were in the living room. She held a gift and a beautiful bouquet.

I was happy to see her. She gave me the gift and said, "Look at this beautiful bouquet which I bought for you! There are eighteen roses especially for you!" I couldn't believe it! Eighteen roses! My eyes were full of tears, but not tears of joy. I began

to cry, "No, no! Why eighteen? Why do you want me to die?" The room was silent. Silvia couldn't understand what happened, but I ran away. I closed myself in my room. I cried and my make-up got all over my pillow. I was so sad because in Moldova when you go to a birthday you have to bring only an odd

number of flowers. We only give an even number of flowers at a funeral.

In a few seconds my mom and Silvia were in my room. I didn't want to see them, but my mom said, "Please listen to me for one minute. Silvia didn't want to do something bad to you. She is Jewish. In her culture eighteen means "Life", so she wanted to say that she wishes you a wonderful life!" I looked at Silvia. She was pale. I understood that it was a big cultural misunderstanding. She hugged me, and we began to laugh. After that, my mom helped me to put on new make-up and the rest of the evening was great.

and the rest of the evening was great.

My 16th birthday was like a big lesson for me and for my mom's friend. Now, if I go to visit people who are from other cultures, I first check all the differences between us because I don't want to cause culture clash like the one I will always remember from my 16th birthday.



Natalia Buciatcaia W310

Retesting Retesting Retesting

A seventy-year-old woman directed her walker toward a red Mustang. When she slowly got into the car, the Mustang took off from the parking lot with a loud spinning sound! A young guy in a red baseball cap barely managed to jump out of her way, hit a light pole with his bald head, and ok a garbage can! That happened last summer at the Walmart parking lot on El Camino Ave. I never expected that an

old lady who could drive like Shumacher. I don't know why she pushed the gas pedal so hard. Maybe someone made her mad or she just was thinking about her dancing classes, or she reached that point where nothing mattered. I believe that her age was one of the reasons. When people get older, they forget some rules and lose some skills. I consider that

drivers sixty – five or older should be retested annually to see if their skills have diminished.

The first reason why drivers sixty – five or older should be retested annually is their eyesight get worse. That is dangerous, especially when it gets dark. Once I saw back in my country Kazakhstan one old man driving at night against traffic and shaking his fist at other drivers. He was wearing big glasses but he failed to see the border between two directions. I think he needed bigger glasses. In Kazakhstan they don't have an annual retest for elders; otherwise, he would have to order new glasses and wouldn't get in such a foolish situation. One more example is my grandmother who never could find me even if I was hiding behind a broom handle. I suggest she also had bad eyesight at seventy–five.

The second reason why drivers sixty–five or older should be retested annually is slow reactions.

Quick reactions are very important on freeways. Often you need to stop your car immediately because of traffic ahead or change a lane because of an emergency situation. That is difficult if you get older. For instance, my neighbor Ivan was chasing a single fly for days. He was seventy-two when we were living next door. Once he asked me to help him after seven failure days. I caught it in three minutes. How? Be-

cause I was seven. I had good reactions. If you don't have good reactions on the road, it is dangerous for others and for yourself.

The third reason why drivers sixty–five or older should be retested annually is memory. It is not a secret that we lose our ability to remember things with age. It is not harmful if you forget where you put your glasses while they are on your fore-

head, like my grandmother did. However, if you forget to turn on your turn signals when you are changing a lane or forget to stop at a stop sign, that could be trouble. When once my eighty—two-year old neighbor gave me a ride, she suddenly stopped in the middle of the intersection and angrily asked me, "Why do they keep driving?" I opened my eyes and answered her, "Ma'am because we had a red light." After that when she offered me a ride, I politely explained to her that my doctor recommended I walk every day as much as possible.

It is very important to make sure that every driver on the road has good eyesight, good reactions, and a good memory. I don't mind if people drive in their old age if they get their annual retest. That will make us calm and we'll have fewer accidents.

Mars Munasypov



Nestscape -- Articles from The Web



10

rector at Verbmaps, recommends making these goals tangible and specific: "Why not set yourself a target of being able to read a newspaper article in the target language without having to look up any words in the dictionary?"

2. Remind yourself why you are learning

It might sound obvious, but recognising exactly why you want to learn a language is really important. Alex Rawlings, a language teacher now learning his 13th language, says: "Motivation is usually the first thing to go, especially among students who are teaching themselves." To keep the momentum going he suggests writing down 10 reasons you are learning a language and sticking it to the front of the file you are using: "I turn to these in times of self-doubt."

3. Focus on exactly what you want to learn

Often the discussion around how to learn a language slides into a debate about so-called traditional v tech approaches. For Aaron Ralby, director of Linguisticator, this debate misses the point: "The question is not so much about online v offline or app v book. Rather it should be how can we assemble the necessary elements of language for a particular objective, present them in a user-friendly way, and provide a means for students to understand those elements."

When signing up to a particular method or approach, think about the substance behind the style or technology. "Ultimately," he says, "the learning takes place inside you rather that outside, regardless of whether it's a computer or book or a teacher in front of you."

4. Read for pleasure

For many of our panellists, reading was not only great

for making progress, but one of the most rewarding aspects of the learning experience. Alex Rawlings explains that reading for pleasure "exposes you to all sorts of vocabulary that you won't find in day-to-day life, and normalises otherwise baffling and complicated grammatical structures. The first book you ever finish in a foreign languages is a monumental achievement that you'll remember for a long time."

5. Learn vocabulary in context

Memorising lists of vocabulary can be challenging, not to mention potentially dull. Ed Cooke, co-founder and chief executive of Memrise, believes that association is key to retaining new words: "A great way to build vocabulary is to make sure the lists you're learning come from situations or texts that you have experienced yourself, so that the content is always relevant and connects to background experience."

6. Ignore the myths: age is just a number

You are a monolingual adult: have you missed the language boat? Ralby argues "a key language myth is that it's harder as an adult". Adults and children may learn in different ways but that shouldn't deter you from committing to learning another language. "Languages are simultaneously organic and systematic. As children we learn languages organically and instinctively; as adults we can learn them systematically."

If you're still not convinced of your chances, Ralby suggests drawing inspiration from early philologists and founders of linguistics who "learned dozens of languages to encyclopaedic levels as adults".

7. Do some revision of your native language

Speaking your first language may be second nature, but that doesn't necessarily mean you understand it well. Kerstin Hammes, editor of the Fluent Language Blog, believes you can't make good progress in a second language until you understand your own. "I think understanding your native language and just generally how language works is so essential before you launch yourself at a bunch of foreign phrases."

8. Don't underestimate the importance of translation

Different approaches may be necessary at different stages of the learning process. Once you have reached a certain level of proficiency and can say quite a bit, fairly accurately, Rebecca Braun, senior lecturer in German studies at Lancaster University, says it is typical to feel a slowing down in progress. "Translation," she says, "is such an important exercise for helping you get over a certain plateau that you will reach as a language learner ... Translation exercises don't allow you to paraphrase and force the learner on to the next level."

9. Beware of fluency

Many of the panellists were cautious of the F-word. Hammes argues not only is it difficult to define what fluency is, but "as a goal it is so much bigger than it deserves to be. Language learning never stops because it's culture learning, personal growth and endless improve-

ment. I believe that this is where learners go wrong".

10. Go to where the language is spoken

It may not be an option for everyone but Braun reminds us that "if you are serious about learning the language and getting direct pleasure from what you have learned, you need to go to where that language is spoken".

Travel and living abroad can complement learning in the classroom: "The books and verb charts may be the easiest way to ensure you expose yourself to the language at home, but the people and the culture will far outclass them once you get to the country where your language is spoken."

http://www.theguardian.com/education/2014/oct/30/learning-another-language-ten-tips

5 facts you need to know about the DREAM ACT

Undocumented students face many challenges on the road to college, including the struggle to understand ever-changing legislation for immigrants seeking higher education in the United States.

Between sensationalized politics and rampant misinformation, it's tough to figure out where you stand, but don't let the confusion get in the way of attending college. These five key facts about the DREAM Act and similar policies affecting undocumented students applying to college can help guide you in making an informed decision about your future.

Fact 1: The federal DREAM Act didn't pass.

The DREAM Act is bipartisan legislation first introduced in Congress in 2001. Known formally as Development, Relief and Education for Alien Minors, it has been reintroduced several times, including a big push in 2010 but failed to pass. This bill aimed to create a pathway to citizenship for undocumented children who grew up in the United States. Laura Bohorquez of United We Dream, an immigrant youth advocacy group, says another version of the DREAM Act may be introduced.

Many states have passed their own immigration leg-

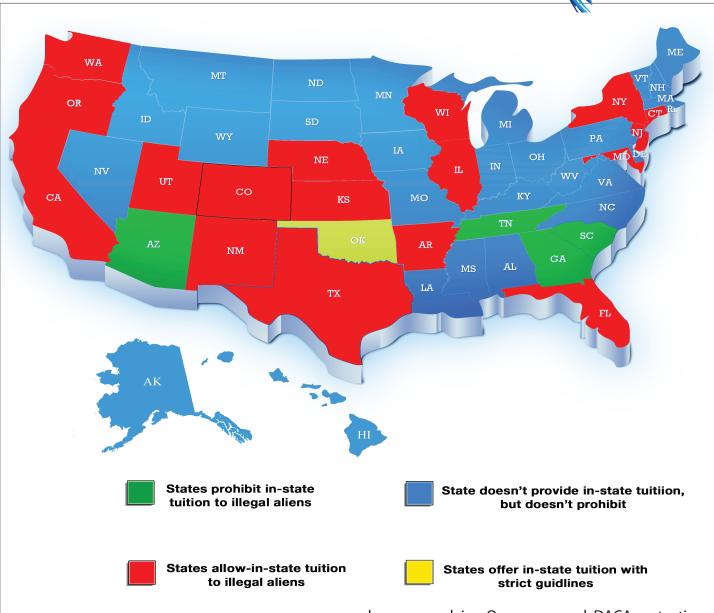
islation also named DREAM Acts, which have caused some people to incorrectly believe the federal version passed.

Fact 2: All state DREAM Acts are different.

At least 20 states have passed tuition equity policies for immigrant students, according to Tanya Broder, senior attorney at National Immigration Law Center. The state-level laws provide various benefits for undocumented students, such as access to in-state tuition rates or eligibility for certain scholarships or state financial aid. However, "the way it operates and who qualifies can vary state to state and college to college," she says. Check the NILC's list to see if your state has such legislation.

RELATED: FAFSA application tips for students with undocumented parents

Qualifying criteria include how long students have to be in the state; whether they've graduated high school or received a GED in that state; and whether they can attend college right after high school (a few states, such as Florida, require time in community college first), Bohorquez says.



Fact 3: The DREAM Act and DACA are not the same.

People commonly mix up the federal DREAM Act and the Deferred Action for Childhood Arrivals program or think they're the same.

DACA is a policy created in 2012 by President Obama. It grants deferred deportation to people under age 31 who came to the U.S. under age 16 and meet other criteria. If you apply and qualify for DACA, you're allowed to be in the U.S. legally, apply for employment authorization and receive a Social Security number. Broder says you can also receive a driver's license in every state but Nebraska. DACA provides legal presence, but not legal status, Bo-

horquez explains. Once approved, DACA protection only lasts two years, but it can be renewed if you meet qualifications again.

RELATED: Advice for first-generation students applying to college this fall

"The main difference is the DREAM Act would have given the community a path to residency and eventually citizenship," Bohorquez says. "DACA is just work permit and protection from deportation. It allows us to be able to work and afford our school, but it's not a path to any type of status," she says.

Fact 4: Recent injunctions didn't end DACA.

You may have seen in the news that DACA was sup-

posed to expand in February, but an injunction put it on hold. Bohorquez says DACA is not affected by this injunction, and you can still apply or renew as usual. You just can't enjoy the benefits of the expansion yet, which would make the time limit three years instead of two years and would remove an age gap, she says.

Fact 5: You are your own best advocate.

Students aren't the only ones befuddled; Bohorquez and Broder have found that many educators, admissions officers and financial aid counselors don't understand immigration policies in their states. This means students must advocate for themselves. While some schools may know whether you can qualify for in-state tuition or financial aid, Broder says fewer people are informed about other possibilities for undocumented students, such as loans, institutional and private scholarships and grants.

For example, even if a state doesn't have a DREAM Act, a school can give undocumented students merit scholarships not tied to federal funding. Broder recommends students join groups that track scholarships for undocumented youth, including United

We Dream, Educators for Fair Consideration and the other resources in NILC's list.

Students are often afraid to be "out" about their status, Bohorquez says, but it's worth talking with school officials so they can work with you.

"When students continue to have the conversation, they're finding that sometimes schools haven't updated scholarship information on their website to say it's open to students regardless of status, or they're asking for a Social Security [number] just because it's a form they've been using forever," she says.

Bohorquez urges students to ask why a Social Security number is needed on a form. If it's tied to something federal and is genuinely needed, you're not eligible. But sometimes the number used to track students and an alternative can be used. As she sees it, when it comes to immigration policies that affect higher education, students have to be educators, and educators have to be students.

http://college.usatoday.com/2015/02/26/5-facts-you-need-toknow-about-the-dream-act/

Prof. Hoggan's Haiku Poems from ESL R50

Love is always free But not all people have it Buy gifts and flowers.



Life is a rainbow Some people are always grey Be happy and glow.

Vironica A Simon

In the spring time Nature dancing on the Land, but it's gone soon

Falling, falling love Make sure to be strong So you can stand up.





Blue sky and hot sun Chidren swimming in the sea-Miss you, snowball fights

Open the window Take a deep breath of fresh air wake up and go to school

A soft morning breeze Cherry blossoms on the road-The road traffic jam.





What a sunny day Want to sleep, think all the day-Missing a cool day

You walk, run, and work There is no truth in your legs Please have a seat here.

Bekhzod Pulatov

I swear to you, teacher I can't do a decent Haiku Five seven five syllables

It's raining outside People are getting deep sleep Let's take a walk

Mikias D. Woldetsadik

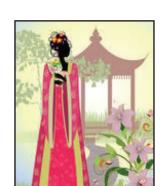
Summer is coming Traveling beaches, barbecues; I study at home

I am in the class Pizza, hamburger, sandwich Think about my lunch **Hitomi Atsumi**

Fall moon in the sky A memory of my mother True love far away

Sitting after midnight
My sleepy thoughts was to createSomething called Haiku

Ghayda S Waheeda



I like the kind sea It's angry and fast waves inside She makes me feel good

The weather is so cold
With a widespread white sky
Just blanket and tea

Life is very short..

Dont care about what people saying..

Do whatever you like

Pezhman Javan Bakhti

We all do mistakes Does not matter who you are-Be thankful to God

Business is small Time to go to company-Check inventory

It is Saturday Cheap stuff is available Go to garage sale

My dog is loyal I trust him when I am out; He bit my baby

I dated two girls They sleep with another man; How faithful we are?

My girlfriend and I Go out with others on dates-Birds flock together

I am a genius And the best in mathematics; One plus one is four

Take part in debate No info. or any background; Everyone laughing Nasrullah M Talabani





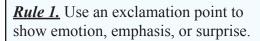
Parrot Warbling



Grappling with Grammar

Grammer

Exclamation Points



Examples:

I'm truly shocked by your behavior! Yay! We won!

Rule 2. An exclamation point replaces a period at the end of a sentence. It also replaces a midsentence comma.

Incorrect: I'm truly shocked by your behavior!. Correct: I'm truly shocked by your behavior!

Incorrect: "I'm truly shocked by your behavior!," I told her

Correct: "I'm truly shocked by your behavior!" I told her

<u>Rule 3.</u> Avoid using an exclamation point in formal business writing.

Rule 4. Overuse of exclamation points is a sign of undisciplined writing. The writer F. Scott Fitzgerald once said, "An exclamation point is like laughing at

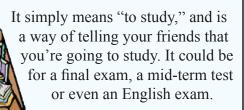
your own joke." Do not use even one of these marks unless you're convinced it is justified.



http://www.grammarbook.com/punctuation/exclaim.asp

Idiom--Attic

(To) Hit the books



"Sorry but I can't watch the game with you tonight, I have to hit the books. I have a huge exam next week!"

http://www.fluentu.com

Beak Speak

Syllables

English words are made up of syllables. Syllables are distinct sounds within a word. All syllables have a vowel sound in them, and usually have a consonant between it and the next syllable. A word may have one, two, three, four, or more syllables.

1 syllable air

2 syllables bub-ble

3 syllables con-tin-ue

4 syllables dem-on-stra-tion

5 syllables ef-fer-ves-ent-ly

Syllable Stress

In a word with two or more syllables, one syllable is stressed (meaning they have a stronger and longer sound) and the other syllables are unstressed or weak (meaning they are not said or pronounced as strong or as long as stressed syllables). Listen to the below and note the stressed syllables. The stressed syllable is in bold.

pre-pare, sig-ni-fi-cance, com-pu-ter, in-con-spicu-ous

http://pronunciationtips.com/syllables/

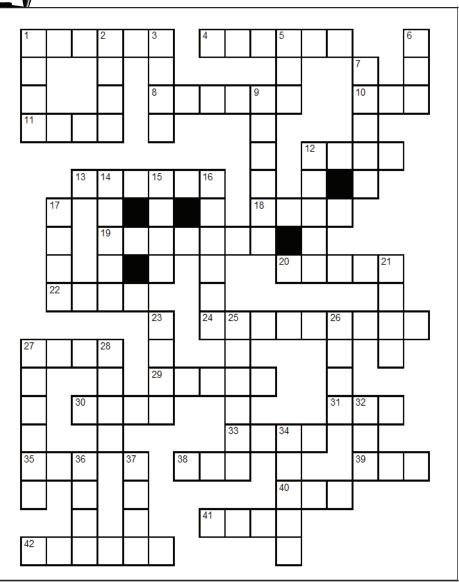




Some More Parrot Fun Stuff



Word Skills



Across

- 1 A kind of bird that begins with P. (
- 4 A season that rhymes with king.
- 8 A place that rhymes with pool.
- 10 Another word for angry.
- 11 A food that rhymes with dice.
- 12 A toy that rhymes with tall.
- 13 A kind of fruit that begins with G.
- 18 A farm animal that rhymes with boat.
- 19 A synonym for trash.
- 20 A farm animal that rhymes with sleep.
- 22 A toy that rhymes with bite.
- 24 The antonym of easy.
- 27 An animal that rhymes with word.
- 29 A synonym for yell.
- 30 The opposite of east.
- 31 A pet that rhymes with log.
- 33 The opposite of far.
- 35 The opposite of young.
- 38 A drink that rhymes with sea.
- 39 Another word for pull.
- 40 A farm animal that rhymes with wig.
- 41 A season that rhymes with ball.

Down

- 1 A fruit that rhymes with hair.
- 2 A type of flower that begins with R.
- 3 Another word for throw.
- 5 Another word for sick.
- **6** The antonym of good.
- 7 The antonym of big.
- 9 A type of fruit that begins with O.
- 12 A place that rhymes with teach.

- 14 The opposite of wrong.
- 15 A place that rhymes with dark.
- 16 A synonym of afraid.
- 17 A drink that rhymes with silk.
- 21 The opposite of push.
- **23** The opposite of first.
- 25 A type of lizard that begins with I.
- 26 The opposite of hot.

- 27 The opposite of top.
- 28 A forest animal that rhymes with here.
- 32 The opposite of in.
- **34** A kind of fruit that begins with A.
- 36 The opposite of up.
- 37 The antonym of thick.



Let's Go Camping



Find all of the camping related words from the list below. The words can be up, down, forward, backward, or diagonal.



S Н Ν G Ρ 0 L Ε В F C 0 М 0 Μ S S S L S Ε Ε Ε Н Ν Ζ В S Q Χ G 0 В G Ε G Ε S U S S В Ε В S S В Х



BACKPACK
BUG SPRAY
CAMPFIRE
COMPASS
FIRE
FISHING POLE
FLASHLIGHT

FOREST HIKE ICE CHEST KNIFE LAKE LANTERN MAP
MOSQUITOES
NAPKINS
RACCOON
RANGER
SLEEPING BAG

SMORES STREAM SUNBLOCK SWIMSUIT TENT TRAIL



The green and yellow parrot, the green and saffron parrot

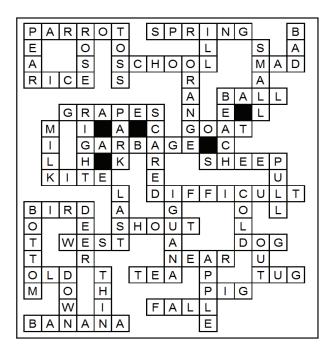
says "Ugly" to me in its nasal voice out of its Satanic beak.

I'm not ugly, for if I'm ugly, so is my mother, who's like the sun, and the light she gazes at is ugly, the wind that bears her voice, the water that bears her body, ugly, and the world, and the One who made it.

The green and yellow parrot,

the green and changing-color parrot calls me"(Igly" because it's hungry, and bring it bread and wine myself, for I'm sick of looking at it, always perching, always changing color...

By Gabriela Mistral



Rigoberto's Riddles

What five-letter word becomes shorter when you add two letters to it?





Silly Vasilly's Chuckle Chamber

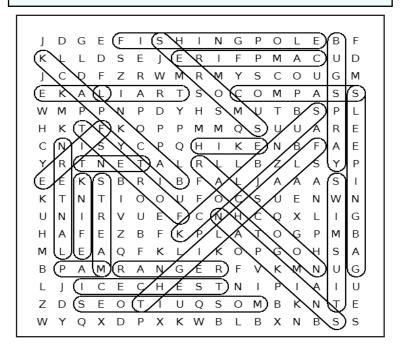
Five surgeons are discussing who makes the best patients...

*The first surgeon says, "I like to see accountants on my operating table, because when you open them up, everything inside is numbered."

*The second responds, "Yeah, but you should try electricians! Everything inside them is color coded."

*The third surgeon says, "No, I really think librarians are the best; everything inside them is in alphabetical order."

- *The fourth surgeon chimes in: "You know, I like construction workers...those guys always understand when you have a few parts left over at the end, and when the job takes longer than you said it would."
- * But the fifth surgeon shut them all up when he observed: "You're all wrong. Politicians are the easiest to operate on. There's no guts, no heart, and no spine, and the head and butt are interchangeable."



Granny Noetal

Dear Granny,

My friend Paolo is returning to his country to get married late this summer. Then he'll come back with his bride. Paolo is a great guy but he may need some advice from a woman so I thought of you because you are a woman with lots of experience, right? Paolo told me that his grandfather told him the "secrets" to a successful marriage. One of the secrets is that the woman is in charge in the home but that the man is in charge outside. I'm not sure what he meant by outside but, in any case, what are your recommendations to Paolo?

Didn't know what to say,

Dear Didn't,

Oh boy! Everything depends on what his bride's grandmother told her. If both the grandmother and bride are traditional, then he's OK. If they're not, he may very well

be in charge of "outside". In fact, he may find

himself living outside. These days, young people from all cultures may possibly or possibly not follow strict guidelines from family. The best advice for any young couple is to talk, to trust, and to figure things out for themselves. My view stems from my being American, my being an independent woman who has been happily married a few times, my being old and wise, and my wearing comfortable shoes. Tell Paolo best of luck from Granny and to write me if he's having problems. Being in charge of nothing is sometimes better than

living outside by yourself!

Granny

Interview with Prof. Robinson

Continued from page 1

Robinson: That is a good question. I got started in 1966 when martial arts were not that popular. Quite honestly, I'd never martial arts at that time. I was attending college and working at a restaurant as a dishwasher. So, the guy that owned the restaurant said, "I think you'd be very good in Taekwondo." I didn't even know what Taekwondo was. So, he was very insist that I do that. I took my first lesson and I never stopped. I found it very interesting. I've learned a lot of valuable lessons as a result. I loved it. It was during the Vietnam War. I actually made it up to my red belt. Then I got drafted into the military. So, I left my training area, but then I was fortunate enough to be stationed in Asia. I was able to continue my training there.

Parrot: In what countries?

Robinson: I was in Taiwan and Korea. Then also, I've spent some time in Thailand and the Philippines a lot of training in those areas, and I came back to the United States.

Parrot: Coming back to your training, do you remember who your first instructor was?

Robinson: I remember every instructor I've ever had. My first instructor was a gentleman whose name was Myung Kyu Kang. He was from South Korea. He was teaching in Sacramento.

Parrot: What is your level in Taekwondo?

Robinson: My level is 9th degree black belt or 9th Dan. That is the highest level you can get in Taekwondo.

Parrot: Could you briefly describe the levels in Tae-kwondo?

Robinson: We've got the colored belts which go from white belt to red belt. Then we have "gups." There are 9 gups. We have 9 ranks of belts in 5 colors: white, yellow, green, blue, and black belts, and we have ninelevels of black belts.

Parrot: What is required for students at ARC to get into your classes?



Robinson: Basically just a willingness to learn, because this is primarily a beginning class which in designed to introduce people to Taekwondo as a method of physical fitness.

Parrot: Do you teach Taekwondo outside of ARC?

Robinson: I teach in a lot of private clubs in Sacramento. I own five clubs. Then I have a clubs in Elk Grove, in Lodi and Galt. I also teach several groups in different parts of the country. They are all Taekwondo, and at one point I was involved in police defensive tactics. I do have a training background which is called hand cuffing techniques, straight baton techniques, knife defense techniques, pressure points, etc. Mainly I teach Taekwondo, and I teach some of the philosophy involved in martial arts and self-improvement.

Parrot: Where did you open your first gym?

Robinson: The first one was in Kansas City, Missouri. When I returned from Asia, I was still in the military. So, when I left the military, my wife didn't like cold weather. So, we moved to Sacramento.

Parrot: Have you or your students ever gotten medals?

Robinson: We have been very successful in terms of training competencies. In 1970s, I won two Asian Championships. Then when I came here I representated the United States in competitions in Europe and other countries. So I did quite a lot of traveling for that. So, I was successful myself. When I moved here, I attracted a number of students. I've since had a lot of very successful competitions as a matter of fact even now. It's interesting 50 years later; we've got four people on the U.S. national team. So, we still have a really strong tradition of training competencies. People are really good martial artists.

Parrot: Why should people learn martial arts?

Robinson: Primarily it's physical and mental health. We live in a world today that can be somewhat complex. I mean in terms of a lot of violence, and everyone has a strong instinct for self survival. Sometimes it causes you to over-react or over-respond to a situation you perhaps perceive is frightening but may not

really bedangerous. Learning how to control your thoughts. Having confidence in your own abilities I think, is very important. I think there is a difference between acting out of fear and acting of confidence. So, it gives you a sense of choice. I think you have to have some ability to have choice. So, if I choose some types of conflicts because I have a sense of who I am, and I feel confident that I can protect myself, that's a lot better than avoiding something because I'm scared. So, it allows you to approach life more confidently, and also allows you to have a stronger belief in your ability to accomplish something because you're doing physical activity. Physical activities break down all barriers. It doesn't matter who you are, where you are, where you come from or whatever. You are here and you start sweating, and you look around and you see other people sweating. You feel like you are going to die. That person next to you he feels like he is going to die, and you successfully overcome that challenge. It brings about I think a sense of respect not only for yourself, but also for each other because you are sharing and experiencing.

Parrot: So, you encourage people, men and women of any age to attend martial arts. Right?

Robinson: Sure! Sure!

Parrot: My last question is which martial arts do you think is the best?

Robinson: I think all of them are good. All of them have something positive to offer. I personally like Taekwondo because I think it's more modern. I think it incorporates a number of elements of many other martial arts. It has kicks, punches, taking down, and throwing. We practice a lot of those because number one it requires teaching people how to follow. We can do a non-contact version of this. It's safe for a large number of people, and we are happy to do the same in how they are taught. So, we reduce and practically eliminate the risk of injury.

Parroteer: Mohammad Louayme

Eat the World!

The Parrot represents students of many hues and sounds --- no news there. Indeed, birds of a feather flock together, right? They also eat together. The Parrot is proud to present Parrot fodder from around the world in this and subsequent issues. Squawk!

Turkish Dolma - Stuffed Vine Leaves

Ingredients Nutrition

Servings	Yield	Units
10	40 Domas	US

- 1 lb pickled grape leaves, pickled in brine then washed and drained
- 4 medium onions, diced
- 2 cups rice, washed under cold water and drained
- 1 cup flat leaf parsley, chopped finely
- 1/2 cup olive oil
- 1/3 cup pine nuts
- 1/4 cup dried currant
- 1 tablespoon dried mint flakes
- 1 teaspoon allspice
- 1/8 teaspoon black pepper
- 1 teaspoon granulated sugar
- 2 tablespoons lemon salt
- 1/2 lemon, juice of



Directions

Dice the onions and sauté with 1/4 cup of olive oil.

When they turn translucent, add the pine nuts and sauté for 5 more minutes. Add rice and stir constantly for 5-10 minutes until the rice is translucent.

Add the spices (dried mint, cinnamon, lemon salt, black pepper, dried currants, sugar and allspice) and chopped parsley. After another quick stir, add 1/2 cup of boiling water and simmer on low medium heat for 15-20 minutes until all the liquid is absorbed by the rice mixture. Take off heat and let cool.

And now, here comes the fun part. Traditionally, you would put a spoonful of the cooled mixture in the center of the top part of the leaf, fold the sides inwards and then roll the leaf like a cylinder. But since I have "The Ultimate Dolma Machine" (follow the link mentioned in the description section), I just placed a leaf on the rubber compartment of the machine, put a tbps of mixture in the middle and with a single slide, there comes my dolma from the other side of the machine. The process was a breeze. It took me only 10 minutes to roll nearly 40 perfectly shaped dolmas. Below is the process fully photographed.

As the final step, spread a layer of vine leaves on the bottom of a large and heavy pot (to prevent the stuffed leaves from burning).

Lay all your dolmas side by side and tuck very tightly.

Transfer the remaining 1/4 cups of olive oil, juice of half a lemon and 2 cups of boiling water, cover with a plate upside down (so that the dolmas don't move around in boiling water) and bring to a boil.

Reduce the heat to medium low and simmer until all the water is absorbed (roughly 45-60 minutes).

Transfer to your serving dish and let cool.

http://www.food.com/recipe/stuffed-vine-leaves-authentic-turkish-dolma-recipe-225613

Who would you like to be the President of the United States of Ameri- ? ? ?



I will vote for Bernie Sander because I don't like Donald Trump and Hillary Clinton. Even if there are only Trump and Clinton as candidates, I will vote and write the name of Bernie Sanders.

Kira Vale



I can say Hillary Clinton and that's my personal opinion because I don't like Donald Trump and his abuse of immigrants and I am a Mexican:).

Fernando Valdivia





I don't want anyone of them to win. Honestly, I don't pay attention to anthing like that, but I can say Bernie Sanders or new faces.

Liza Alvarez



I don't really support Trump because we went past segregation, but he brings it again. Hillary, I don't support her either because of the way she talks. If Bernie Sanders would be able to, I would vote for him because he focuses more on the economy and actual problems that are going on.



Yurliv



I don't know, but once my younger son asked me if we need to pray for Donald Trump to not be the president of the United States. I asked him why? He told me that because he doesn't like emigrants and he wants to build a wall between America and Mexico, and it is not good.

Vladimir Tsog



I'd like Baraak Obama to be the president of the United States of America one more time.

Sardor Jumaniyozov







I don't vote. I am not a US citizen and I don't care who will win in the election because I don't follow these things.

Lynn Wasley



Of course Hillary Clinton. I think she has a lot of good plans for people, but Trump has started separating people. That's why I don't like him to be the President of the United States.

Mustafa Afrawi





I would say Bernie Sanders because he wants to increase the wages and he is really good for the economy.

Nathan





Fighting Food Injustices

Thursday, September 1, 2016 From 12:15pm – 1:15pm

In urban settings, we are less likely to see gardens and stores packed with the same quality and quantity of fresh produce as we see in upscale neighborhoods. How can we bring social and economic justice to urban centers while increasing the health and welfare of the peoples who need the most support? Join CSUS Anthropology student Daniel Milewski as he discusses the trends in urban gardens to fight food deserts.

Location: Raef Hall 160

Interview Success Workshop

Tuesday, September 13, 2016 From 10am – 11am

How to Network at a Career Fair

This workshop includes information on researching the organization, reviewing anticipated questions, specific strategies, assessing your skills, making a professional presentation, and body language and presentation.

Please call the Career Center and register for this workshop. 916-484-8492

Location: DSPS Conference Room

UNITE presents: Juana Alicia

Thursday, September 8, 2016 From 12:15pm – 1:15pm

Juana Alicia has been painting murals and teaching for thirty years. Her sculptural and painted public works can be seen in Nicaragua, Mexico, Pennsylvania, and in many parts of California, most notably in San Francisco. Her work is associated with the greatest artistic and political achievements of the Chicano movement. She has a large body of public work in San Francisco, and has also painted in Mexico, Cuba, and Central America. She works in many different media to create both private and public works of art. These include drawing, printmaking, small-format painting, monumental acrylic, fresco, tile and sculptural murals and other sculptural forms. Her work evolved from the streets of San Francisco's Mission District, whose mural renaissance is legendary, to installations in other parts of the U.S. and Latin America. She began painting acrylic murals and expanded to ceramics, bas relief, cement and increasingly green and sustainable urban vision, and feels it's her responsibility as an artist to be an activist for social justice, human rights and environmental health.

Location: Raef Hall



Questions/Comments?

Student Editors: Elaf Khafaja, Anastasiia Panfilova and Mohammad Louayme Please let us know what we can do to improve "The Parrot." We appreciate any and all feedback you are willing to give us. Send us an e-mail, call, or just drop by <u>Professor Bracco's</u> office D337 (Davies Hall), call (916) 484-8988, or e-mail Braccop@arc.losrios.edu. To see The Parrot in color go to http://www.arc.losrios.edu/Programs_of_Study/Humanities/ESL/

The Parrot.htm