ISSUE # 157

Your ARC newsletter by and for ESL, multicultural, international students, Californians, and, well, anybody really...

I've Learned to Appreciate Everything from Photography - Emmanuel Madrid!

The Parrot:

Hi Manny, it's our pleasure to see some of your art work. The pictures you took are beautiful. Is photography your major in ARC?

Manny: It is not! I really love the weather so my

major is atmospheric science. I want to be a scientist. Photography is something



that I really love; it's my passion but the thing about photography is that most of the thing I've learned it by myself. It was funny that I took photography classes last semester. Everything like every unit, every class I took, I

already knew. However, at least I can

Continued on page 22

Parents Had Dreamed of a Smooth Return to School This Fall. This is the Nightmare We're Facing Instead

BY AUBREY HIRSCH



Across the U.S. children are heading back to school, despite spiking COVID-19 cases. The emergence of the more contagious Delta variant as the most prominent virus strain in the country is causing concern for parents. Not only are they worried about the health and safety of their kids, they have been dealing with a childcare crisis for the past year and a half and now that seems unlikely to end anytime soon.

Continued on page 16



American River College 4700 College Oak Drive Sacramento, CA 95841 (916) 484-8001



"What happens is not as important as how you react to what happens."

Ellen Glasgow



ESL Lab Information



Want to improve your grade in ESL classes?

Want to improve your English a little or a lot?

The ESL Center still has open classes. You can speak to your teacher about the areas you can work on. Then go to the ESL Center on the ARC website. You can speak to a staff member who can help you register and begin your work right now.

How can the ESL Center help?

- Practice and review grammar or punctuation.
- Work on vocabulary and reading to improve your writing.
- Join speaking groups to gain confidence, practice conversation, and learn about culture.
- Try Burlington English online (see page 3 in this issue) the ESL Center has practice for every level.

*** We are at the quarter of the semester, and you can still earn up to 2 units.***

We have flexible hours: You can join to the lab online according to your own schedule.

Online Hours: Mon-Thurs: 8am-7pm; Fri: 8am-12:30pm.

On Campus Hours: Mon - Thurs: 10am - 2pm

ESL Lab credit is attendance-based: 0.5 unit = 20 hours; 1 unit = 40 hours.

Location: Inside the Learning Resource Center at American River College.

If you still have questions and want to talk to an ESL staff, please click on the link below.

<u>Click here to visit the ESL Center Webpage and find a Zoom link to the ESL Center Help Room</u>





What's New at the ESL Center?



BURLINGTONENGLISH®

The ESL Center added a new online study program this summer called "Burlington English." Students like it for many reasons. First of all, students can use it at any time, 24/7! It offers great flexibility.

The Parrot asked students enrolled in the ESL Center online what they thought about Burlington English. Here's what they had to say!

What do I think about Burlington English?

Shamsia Sadaat

I want to say that it's a really good site to practice and improve your knowledge about grammar, spelling, vocabulary, and it's also good for those who want to review their last semester. Or those who didn't get a good score on their last semester. Using Burlington English can be a good practice for them.

Katie T.

I have been studying with the Burlington English program since the end of August 2021. The program has many things to learn, such as vocabulary, grammar, listening, and speaking. And at the end of the lessons, it has a small paragraph to practice writing and grammar. This program is necessary for me. In addition, this program includes good stories. I've already read many stories. After I read, I got more vocabulary that helped me to improve my English language and made me joyful before bed. I will read all of it because I like it. From my point of view, I believe the Burlington English program can help me learn and practice now.





Natalia Bespalova

I started to use Burlington only recently, but I like it so much. It gives grammar, exercises, examples and correct pronunciation. I think it's a very useful program for learning English!

Student Chirpings

Feelings on the First Day in the USA and Now

Moving is big step in people's lives. It's hard and not easy. How did you feel at your first day in new country? Is that feeling changed? A lot of things happened with me in this time. And I feel totally different in many things right now than I felt at the first day of my moving. There are some differences between my feelings at the first day in the USA and how I feel now.

The first differences between my feelings at the first day in the USA and how I feel now is language. At first day I felt horrible. Everything was new for me. I have never heard this language

before, and I didn't understand any words at all. In order; I got a headache and felt weak. In contrast, today everything different. I'm feeling very confident in my speaking skills. Sometimes, I use only English words and it makes me happy. I feel free to talk with people, and I can do all things by myself

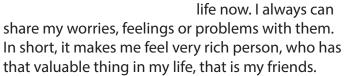
without any help. In short, today's feeling I like better because I don't feel weak and don't scary to talk with people.

The next differences between my feelings at the first day in the USA and how I feel now is place of living. I have never lived in apartment before. I used to live in a house in my country where I came from. So, living in apartment was something new for me. At first day, when I came in to my apartment, I felt that I came to a regular hotel. It was a noisy place for me, and I always can heard what my neighbors have been talked about. I felt very uncomfortable in that place. In contrast, my feeling is totally change for today. Now I love my apartment. I think it's kind of fun to have experience to live in place like this.

I meet with all my neighbors and some of them became my friends. Also, all that noise that used to bother me became normal for me today. In brief, I feel totally fine with all those things that used to bother me before.

The third differences between my feelings at the first day in the USA and how I feel now is friends. The thing that I didn't know nobody at my first day in the USA made me feel alone. I remembered that first working in the USA when I just woke up, I wanted to talk with someone to share my feelings and my worries about moving. But I realized that I

don't have that kind of person in my life anymore because all my friends left in Ukraine. And I didn't have any opportunities to call them at that time. In contrast, I'm feeling very bless and happy now. I have so many friends for today who became like a family for me. They are a big support in my life now. Lalways can



In conclusion, time is passing very quickly, and a lot of things change every day. We became different. Many things in our mind change and our feelings change too. To look back my feelings from the first day in the USA and now totally changed. I became confident in my feelings about language, my apartment doesn't bother me anymore and I'm not feeling alone at all. All those feelings has been changed and I'm happy to feel this.

Natalia Ignato ESL W50 Compare-Contrast Essay

A Big Noisy Family

Do you like family photos? I adore them! And the more kids in this photo, the better for me. Do you want me to tell you a secret? There is one thing I regret in my life: I always wanted to have a big noisy family and many children. There are a lot of advantages and some disadvantages of having many children in your family: cheerful friendly family brings joy, it is a good support for you in old age, but at the same time it is hard work and a lot of worries, as well as lack of time for a career.

First, the biggest advantage of a large family is the joy and happiness that children give. For example, when you take this little baby

in your arms, you have unforgettable emotions, and you enjoy every moment. You see how your child grows, you are happy with her achievements. But when a child grows up, you miss this baby that gave you so many positive emotions. And the birth of a new

family member allows you to experience these unforgettable emotions again. You give the world a new life again, you realize your mother's vacation again, another little person is born, and you feel this happiness again. Another opportunity for positive emotions in a large family: children are similar and different at the same time, so you enjoy watching this wonderful wonder of nature. It is so interesting to see in children the reflection of yourself, your husband, your parents and grandparents. And the larger the family, the greater these reflections. Finally, you will never be bored because these little rays of happiness will always be near, giving you strength and inspiring you. Therefore, the joy and happiness of a large family with many children is an undeniable advantage.

Next, another benefit of having many

children and big family is a good support when the kids grow up. First, when the older children grow up, they help the younger ones. Second, the older children become a good example for the younger children. For instance, older children teach younger children to dress independently, brush their teeth and eat. And the younger children like to repeat after the older children. Further, the older children help younger children with their studies and homework. Finally, when you grow old, this adult child will support you. So, it is another advantage of having many children in your family.

However, there are some

disadvantages of having many children in your family. First, you do not have free time for yourself because all your time is given to family. A large family needs a lot of attention, a lot of time and hard work. It's very tiring. Next, it will be difficult for you to build your career.



Even if you send your children to kindergarten, the children often get sick and you have to be at home with the children. Finally, you need to earn a lot and have a good income to provide a large family with everything they need. You need a big house and big car. To go on vacation is also not easy. So there are some disadvantages of having a big family.

To sum up, it should be said that having many children in your family can have some difficulties and require a lot of effort, time and money, but it will not leave you feeling joy, happy, positive and supportive for the rest of your life. Children are happiness. Many children are a lot of happiness.

Oleksandra ZackynskaESL 47
Opinion Essay

Do Not Hurry to Be Rich

Somebody once said, "Money doesn't bring happiness." However, since an early age, everyone dreams to be rich. Who doesn't want to live in a big and beautiful house? Who doesn't want to have an expensive and luxury car? Who doesn't want to go on a dream vacation? Isn't it amazing to wake up in the morning and to know that you can buy everything? Everything! It sounds sensational! But in real life to be wealthy isn't so easy. It seems that wealthy people don't have problems, but they cry too. Besides the dream life that they live another side exists, the negative one. There are several disadvantages to being wealthy.

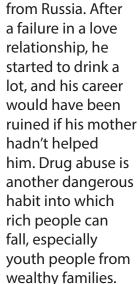
The first disadvantage to being rich is living

with fear. First of all, fear of losing some important contracts and at the same time a lot of money. For example, I have a friend. He has his own business with bees. Because of the abundance of rain this year, bees were not in good condition. He was at risk of losing the contract with

the orchards' owners. That means that he could lose a good part of his income. Rich people also are afraid of their rivals. Business' owners must be very carefully with their opponents, because who is stronger is the winner. For example, on Watt &James Street is a Romanian store, in this store you can find European products and organic fruits and vegetable. The owner had a flourishing business until, near was open a Korean store, where you can find the same products but with a few cents cheaper. The Romanian store lost a good number of costumers because of his opponent. Now, the owner said "They will close the store because they have no income." Another fear is to be blackmailed

or kidnapped for money. The world is full of bad and malicious people and for this reason rich persons have bodyguards. They are afraid for their family and their lives. A few years ago, in my country some gangsters kidnapped a politician, and instead of his release they demanded a large sum of money. The first disadvantage to being rich is living all your life in fear.

The second important drawback is falling into dangerous habits. Take, for example, the alcohol addiction. Very often rich people hide their failures in alcoholic beverages. Little by little, and bottle by bottle, it turns into addiction. For instance, my friend told me about a famous singer



wealthy families.
Because they want to be appreciated by their friends, they use drugs. Another bad habit is the addiction to gambling. Rich people are always looking how to spend their time and to earn a lot of money. Usually a casino is the right place for them. For instance, I have an acquaintance here in Sacramento. He has a truck company. Because the country's economy decreased, his income reduced considerately. To drown his sorrows, he started to go to the Casino just to relax. Now, he is dependent of the games plus he started to use drugs, too. A few months ago he put the company in his wife's name because he could lose everything. The second important drawback for the rich people is



falling into dangerous habits.

The third and the most serious disadvantage of being rich is having the feeling of loneliness. Wealthy people might believe that their friends are interested in their money but not in their personality. This is very painful when you know that somebody wants to be your friend just for your status, or to use you. I remember one business lady from my country gave an interview. She said that a number of her friends invite her to their birthdays just for the purpose of receiving expensive gifts. However, during the whole year they don't care about her. A rich person doesn't know whom trust because you don't know who is a close friend and who isn't. This business woman said in her interview that she couldn't open her heart because she couldn't trust anybody. For this reason she felt that she was alone in this whole world, even if she smiled all the time. Actually wealthy people often don't have a success in personal life. Yes,

they have a partner but they don't feel real love or happiness. They just show that they live a full life but their heart is empty. You can look at all famous singers they have a lot of money but they are alone. They change partners very often because of their life-style. For example, Leonardo DiCaprio had many girlfriends but each relationship lasted only a few months. He doesn't have a strong family he is single. The third disadvantage of being rich is having the feeling of loneliness and isolation.

In conclusion, to be rich doesn't mean to be happy. You can buy everything with money, but you can't buy the happiness. There are several disadvantages to being wealthy: living with fears, falling into dangerous habits, and having the feeling of loneliness.

Lenuta Musorivschi ESL W50 Persuasive Essay

My Kind Friend



My friend Olena is a very kind person despite her difficult life. Her parents abandoned her and sent her to an orphanage. Her current mother adopted Lena when she was a little baby. At sixteen, she was diagnosed with cancer, shortly after which she was paralyzed. These difficulties did not break her kindness, and now she is thirty-three years old. She

has recovered and can walk and still attracts people with a kind smile and a pure heart. She will never refuse to help another, she knows how to forgive, she can listen to a person and give good advice. For example, when I have a bad mood or difficulties in life, I always call her first, despite the fact that I have siblings. Her calm voice and kind-hearted look at everything dissolves my bad mood. Another example was when two months ago I sent her a parcel to Ukraine and now she received it. In this package were simple sweets, some cosmetics and clothes, and also a book. She thanked me so much and her kindness was present here because my gift weighed less than her kindness. Finally, I want to say that I am grateful to God for such a kind friend in my life because I learn a lot from her. In conclusion, I believe that every person in life should have a person with good qualities. It is like having a guardian angel.

> **Liliia Baibak** ESL 47 Descriptive Paragraph

Inventions

Can you imagine your life without such inventions as the telephone or the camera? In the modern world, we have many inventions which make our quality of life better and more interesting. Every person has something without which she or he can't imagine his or her life. I also have three inventions without which I can't imagine my life.

The first invention is the camera. It is a wonderful invention because it helps people to make memories of their lives. I use a camera

almost every day to capture interesting and happy moments in my family's life. I like to take photos of my children when they draw, play the piano or just have fun. Sometimes. some of them are crying, and I also take a picture of such moments. Of course, not only for children's photos do we have this invention. I also take pictures of my husband, and he takes pictures of me although I don't like to pose for photos.

I know that every picture soon will be part of our history and a good memory for us, and our next generation. Therefore, camera is a really good invention because it makes our life memorable.

The telephone is the next invention without which I can't imagine my life. I use it every day many times to make a call to someone or accept a call from someone. It is a very important invention for me because I have relatives in another country, and I can easily communicate with them without any problem. For example, I call my mother two times every day. She always looks forward to my call. She listens with interest to what I tell her about

our family, especially our children, and then she tells me about her health, mood, and plans for the coming day. Therefore, the telephone is very important for me because it is one of the main inventions that helps me to be in touch with my relatives, especially with my mother.

The fan is another good and useful invention without which I can't imagine my life in summer. Every day when the temperature in my home becomes hotter, and I don't want to use the

air conditioning for some reason, the fan helps me out. With this device, I can cool only myself, or I can direct cool air where I want. It's important to me because sometimes it happens that one of my family members got sick. For him the temperature in our home is good, but for others- hot. In this case, the fan is very helpful to please everyone. Moreover, you can use the fan in the car to cool off if you don't want to use an air conditioner.



I have three fans in my home, and this is one of the most used and useful devices for us.

Nowadays, people have a huge number of devices which simplify and make their lives better. For me, the devices are telephone, camera, and fan. These inventions are really helpful and important for me. I am grateful for these inventions and for the people who invented them.

Maryna Doroshenko ESL 47 Expository Essay

A Good Life in the U.S.

The United States of America is a country for a wonderful life for most people because there are many opportunities for a good life here. Every person dreams to live in the U.S because the government of this country takes care of its citizens. Many people want to live better, and they move to America for a good life. There are three good things

about living in the USA.

First, all people in the United States can have an education. It is not only for children and young people but also for adults and seniors, too. There are a lot of different schools and colleges, such as elementary school, middle school, high school, and

schools for adults. Most colleges have ESL classes for people from other countries. Most schools in the U.S are free, and even poor people can get an education. In brief, education is a very good thing for a happy life in the U.S.

Second, every person who lives in the United States can find a decent job and earn money. If a person graduates from college or university, he can work and have a good salary. If a person doesn't graduate from college or university,

he can also find a job, but his salary will be lower. Students in the U.S can work, too. It is very good for them because they can help their families. In short, a favorite job for everyone is a very good thing for life.

Next, the government of the United States cares about every citizen of the country, especially

about older people. For example, many seniors can't work because their health is not good, and they do not have money for medicine. They have a special program (SSA) and can get medical care for free. Also, all poor people can get free food from foodbanks. It is very good for poor families with children. To sum up, the government of the U.S. takes care

of all the people living in this country.

In conclusion, the opportunity to get an education, to have a good job, and to have the support of the state are very important things for a happy life in the USA. This is a very big advantage for all people living in the U.S. the United States is a good country.

Liubor SvyrydaESL W40
Opinion Essay

My Personality



My name is Eqlima Karimi. I'm right-handed and I like being right-handed. I have my friend Sahar and she is left-handed. I'm an artistic person and I try to be a logic person. I like people who help each other in difficult situations, and I like to help people. My favorite subjects are Math and Biology. I have problems with my left hand. I can't drive or draw easily. My left hand works harder than my right hand.

Eqlima Karimi ESL 47

Read Books - Change Your Liffel

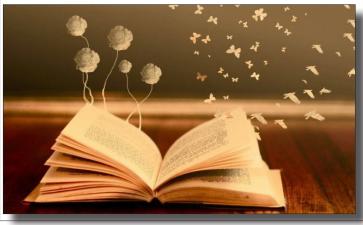


#1: Reading Books Improves Imagination

Books are one of the most creative art forms. Every book that we read opens up a world of different characters, different storylines and different locations. Reading requires us to open up our mind to the world of imagination to experience our own perspective of the story. Our imagination and creativity automatically increase as we are enlightened with all the knowledge from a book.

A good book has the power to change our lives, unlike any other thing. But with the rapid advancement of technology, people seem to have forgotten the simple joys a good book could bring. Reading books let us travel through different worlds and opens up the portal to live the life of millions of different characters. It does not matter what you enjoy reading, as long as you enjoy reading. It could be enjoying reading Harry Potter finding all the Horcruxes or Mr. Darcy getting over his arrogance and pride.

There is no right book for anyone. That's because a book automatically becomes the right one for you, once you start reading it. Big or small, fiction or nonfiction, biography or autobiography, reading books has the power to change your perspective on life. Let's find out how:



#2: Reading Books Helps You Grow

Reading about people's success stories and the struggles they went through to get to that position will inspire and help you grow in your own personal life. All of us need the motivation to move ahead in life. And books are the best medium for that. They give us the chance to tap into the character's emotions and understand how they feel. These stories go on to become inspirations for us to keep moving upward on the ladder called life.

#3: Reading Books Builds Confidence

When we read books, we read about the various struggles and hardships that the characters go through. Sometimes we even relate those situations to our personal lives. Understanding how these characters overcome challenges in a positive way ultimately gives us the confidence to deal with

difficult situations in our personal lives in a better way. A carefully crafted book helps you build all the strong and right opinions and gives you the confidence to stand by it.



#4: Reading Books Increases Knowledge

In the words of George R. R. Martin (whose books were adapted into the series, *Game of Thrones*), "A reader lives a thousand lives before he dies. The man who never reads only lives once". It's true, we live only one life. But when we read books we gain knowledge from thousands. Age does not matter when it comes to gaining knowledge from reading books. As it enhances the power of thinking in every field and simultaneously improves our vocabulary to a great extent.



#5: Reading Books Reduces Stress

Reading books has proved to be an essential stress buster. Fiction books are the best to cope with stress. Books have the ability to let you immerse into a different world by letting you forget all your personal issues, tension and stress, and helps you relax. With a great story in hand, all the daily life problems just slip away from the mind. In addition, books bring a sense of peace and tranquillity to the mind.

#6: Reading Books Strengthens Analytical Thinking

Reading books keeps us on our toes with questions that actively enhance analytical thinking skills. Our brain is always asking questions while reading. And at times we tend to crack the mystery behind the questions way before it is mentioned in the book. We can further apply these analytical thinking skills in real life by letting our minds stimulate and think in new ways.



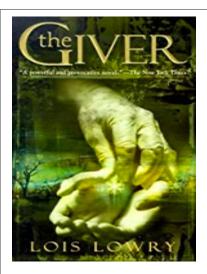
Conclusion

Reading books is an excellent way to pass your time. It's simple. It brings joy. Reading refreshes your mood and makes you feel optimistic about everything happening around you. Reading does not take a lot of effort; you can read anywhere and everywhere and let yourself forget the world around you. And, if you want to do something great for yourself today, then start reading. Give yourself a chance to live more than a single life, a chance to build the right opinions and a chance to change the perspective on life.

Source: https://www.pickthebrain.com/reading-books-change-perspective-life/

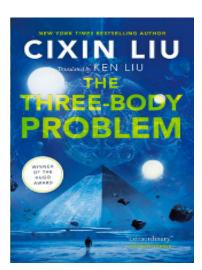


Summer Reads From ARC Professors, ESL Department



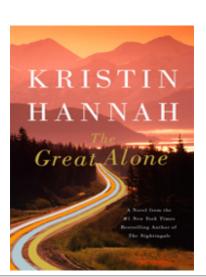
This summer, I read *The Giver* by Lois Lowry (same author as *Number the Stars*). This novel is about a boy, Jonas, who grows up in a dystopian residential community that has eliminated experiences of pleasure and pain. Everyone receives a special task when they turn 12 years old, and Jonas trains to become the "Receiver of Memory" for his community. It's an interesting story, and it won a Newberry Medal. I think some of our intermediate and advanced ESL students might enjoy reading it!

Professor Courtney Roberts



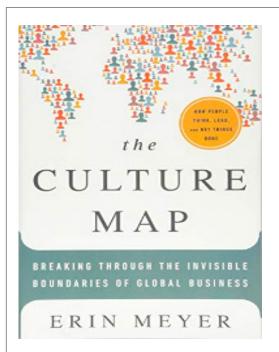
The Three-Body Problem by Cixin Liu. I recommend it to anyone who is interested in the psychology of virtual reality. The book takes place in China and is about scientists working on secret physics experiments. The book wasn't always easy to follow for me, but it was a good story, and it stretched my thinking of reality and perception.

Professor Caterina Falli



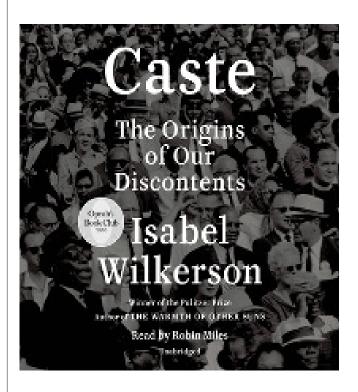
I recently finished reading *The Great Alone* by Kristin Hannah. It's mostly the story of the relationship between a daughter and her mother, but many parts of the story center around the father, who was terribly changed by his time serving as a soldier in the Vietnam War. The family ends up moving to Alaska and learns how to live off the land. It's a brutal but beautiful climate, and the story is also brutal but beautiful at times, too.

Professor Ally Joye



I read the *The Culture Map* by Erin Meyer. Really interesting. She focuses on differences between cultures and how they do business, but I also thought it really applied culturally to communication in general, including in the classroom. She talked about how people are different in the way they communicate, they evaluate, they persuade, they show respect, they make decisions, and how they trust. A great read.

Professor Jane Driscoll



I read so many good books this summer - some chapter books, some graphic novels, some fiction, some non-fiction, some poetry. Everything was serious and from different people's perspectives. It's hard to pick which to write about, but I would have to say that *Caste: The Origins of Our Discontent* by Isabel Wilkerson was absolutely one of the best books I've ever read. I highly recommend it! It's about the racial and economic caste system of American society. I can't do it justice, so here are some quotes from the book:

- "Everyone benefits when society meets the needs of the disadvantaged."
- "Radical empathy ... means putting in the work to educate oneself and to listen with a humble heart to understand another's experience from their perspective, not as we imagine we would feel."
- "A world without caste would set everyone free."

Professor Margaret Ai Travis

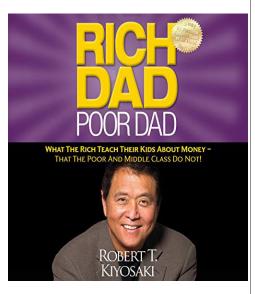


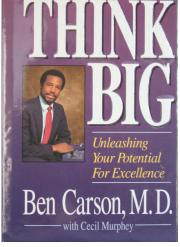
Books Enjoyed by ESL Students A Survey from ESL L310 Students

What's one of your favorite books?

Alireza Alavi

My favorite book is *Rich Dad Poor Dad*. This book is still popular even after many years about investing and money, and I wanted to read it. I did not finish it yet. The story of this book is about a poor dad and his rich friend. Poor Dad is always saving money and working hard, but his best friend (Rich Dad) never saves money. Rich Dad was investing in real estate, stock market and other assets that put money in his pocket. The author of this book is Robert T. Kiyosaki. This book teaches how to invest in assets that make you wealthier. How to invest in stock market without taking too much study and risk. Or how to buy property and make it to pay for itself, creating many sources of income to buy time and to spend it with family and friends. He mentions if you save money, it will depreciate and lose value. The main goal of becoming wealthy is investing in assets like gold, real estate, and these days crypto money like Bitcoin and Ethereum. I would give it 5 out of 5.



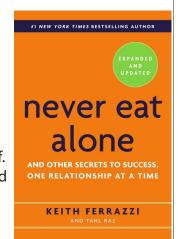


Ibijoke Shadare

I have read so many books, but the one I really like is titled *Think Big*. The author is Ben Carson, M.D. with Cecil Murphey. I think this book is a great read because the authors talk about unleashing your potential for excellence and that there is nothing you cannot do if you put your mind to it. As a mom, the book really inspired me to see only greatness in my children no matter their current academic challenges. Also, if others can do it, you can do it much better. I also recommend this book for all parents with struggling kids. I would give the book a 5 star.

Anna Nikita

My last book I read has become one of my favorites. This summer I read the book *Never Eat Alone* by Keith Ferrazzi. The book provides practical advice on networking and time use. I have read a lot of interesting and useful tips for myself. I really liked that the book does not talk about abstract concepts, but gives applied advice on how to make good acquaintances. This is a very good book and I will most likely want to reread it later. On a scale of five, I give this book a five.



What Learning a Foreign Language Has Taught Me by Kate Fukui - Chapter 5

Don't take everything so literally!

Hey, can I talk to you for a minute? Good! Now, can I **borrow** your face? No? What if I told you that in Japanese they mean the same thing? It's true, in Japanese when you ask to "borrow (someone's) face," you're actually asking to speak with them in private. It's not that you want to literally borrow their face, it's figurative. These figurative words/ phrases are called "idioms" and languages are full of them, including English. The first time that I heard an idiom in a different language, I was guite shocked and confused. I thought, "what could borrowing a face possibly mean?" Then I looked at English and realized, we are causing just as much confusion! Let's take a look at just a few idioms that we use in the English language. Now, while we don't "borrow" anyone's face, it is possible to "lose face" which means that we do something to damage our reputation. For example, if a very good student does something like cheating on a test, that damages their reputation as a good student, and so they "lose face" because they cheated. Another idiom we often use is "give a hand." "Giving someone a hand" doesn't mean to show them your hand, or try to hold their hand. It means to help someone! You might ask a friend to give you a hand with a hard math problem, or give you a hand with lifting something heavy. Another way to say this idiom is to "lend a hand." So maybe in English we don't borrow each other's faces, but we do lend each other a

handl

Words used in this Chapter:

- borrow to take something from someone for a short while with the promise of returning it to them.
- lend to give something to someone for a short while with the promise of them returning it to you.
- literal involving the ordinary or usual meaning of a word
- **figurative** used to mean something in an abstract way. (the opposite of literal)
- **realized** to understand or become aware of
- confusion- a situation in which people are uncertain about what to do or are unable to understand something clearly
- damage to hurt or cause harm to.
- **reputation** the common opinion of someone or something. The way in which people think about someone or something.

These definitions and many more can be found at <u>LearnersDictionary.com</u>

Dear Parrot Readers,

Have some idioms in your native language that you would like to share?

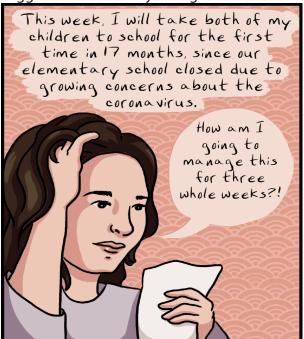
Do you know of any languages that shorten, blend, or even flip words? Share your interesting findings with the Parrot!

Please send responses to TheParrot@arc.losrios.edu

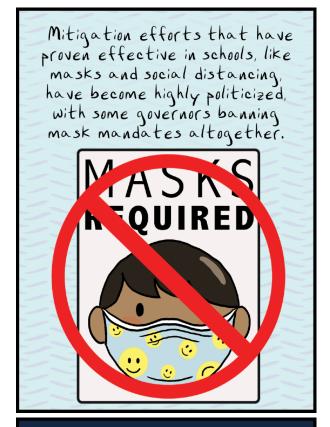


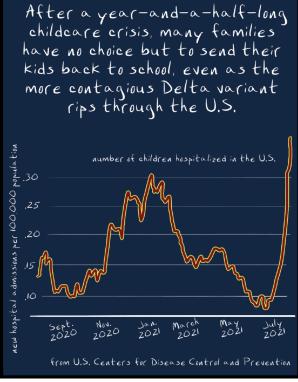
Continued from page 1

This will be the third school year affected by the pandemic, but despite the fact that children under 12 are not yet eligible for vaccination, many schools are not putting mitigation efforts into effect and several governors have banned mask mandates. It's our responsibility as adults to protect our kids, but record hospitalization numbers for children suggest we are already failing in this task.









And early outbreaks in schools have already plunged thousands of families back into quarantine just as the new school year is kicking off.

All Schools Closed in Georgia's Ware County Due to COVID-19 Cases

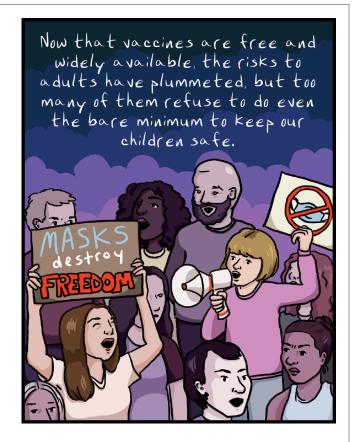
3,000 Staff and Students Quarantined in New Orleans

Texas Schools Shut Down Due to Lack of Staff

20,000 Students Quarantined in Mississippi

Amid all this, all I can think about are the huge sacrifices I've asked my children to make this past year,

You're not in danger, but we need to protect the people around us.

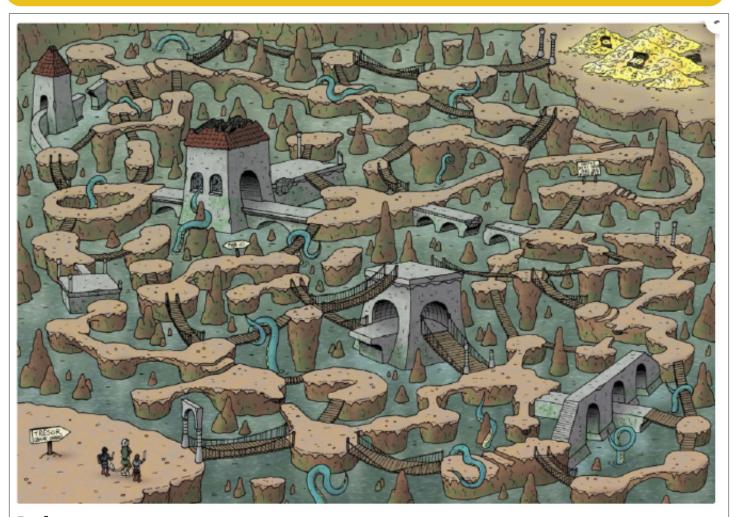




Source: https://time.com/6091509/back-to-school-parents-covid-19/

Some More Parrot Fun

The Maze



Rule:

Can you help the adventurers find their way to the treasure?
Remember you are not superman, so do not try to jump over the octopus monsters but stay away from them!

It's OK to use the bridges.

Are you ready to start your adventure? Let's go!!!!

See the answers on page 26

Source: https://www.puzzleprime.com/category/casual-puzzles/maze/

Eat the World!

The Parrot represents students of many hues and sounds --- no news there. Indeed, birds of a feather flock together, right? They also eat together. The Parrot is proud to present Parrot fodder from around the world in this and subsequent issues. Squawk!

DORAYAKI

A Childhood Favorite in Japan!

INGREDIENTS:

2 cups adzuki bean paste (or jam)

1 cup flour

1/2 cup sugar

1 tablespoon honey

1/2 teaspoon baking powder

2 eggs

1/4 - 1/2 cup water



Directions:

For the bean paste:

- Soak adzuki beans in water overnight.
- Heat adzuki beans in a pot with one cup of water. When they come to a boil, add two more cups of cold water. When they come to a boil again, drain the beans in a colander.
- Return the beans to the pot, add three cups of new water, and cook over high heat. When the beans begin to jump around after the water comes to a boil, turn the heat down to low and simmer until the beans are soft, about one hour. If necessary, add water so that the beans are always covered. Fastidiously skim off any foam that appears on the surface. When the beans are soft enough to

break between your fingers, drain them in a colander. Return the beans to the pot again and mix in the sugar.

- Mash the beans continuously over medium heat until almost all the water has evaporated and a paste has formed, about 35 minutes. Add the salt and stir over medium heat for about 5 minutes more. Remove from heat and transfer the paste to a container so that it can cool.
- The paste may be kept in the refrigerator for three days and then frozen. (Makes 2 cups).

For the pancakes:

• Whisk eggs with sugar and honey in a mixing bowl. Add sifted flour and baking powder. Slowly add water while whisking until smooth. Drop small ladlesful on a lightly oiled fry pan or griddle to make pancakes that are about 3 inches in diameter. When bubbles start to appear, turn over the pancakes and cook briefly on the other side until golden. Spread about two tablespoons



of adzuki bean paste on one pancake, then cover it with another to make a sandwich.

By Birdy Baker

Source: www.food.com/ recipe/dorayaki-sweetfilled-pancakes-120221

Parrot Warbling



Grappling with Grammar

Placement Problems and Dangling Prepositions

Misplaced Prepositional Phrases

Putting the prepositional phrase in the wrong place can lead to some strange-sounding sentences.

Example: Tourists often wander along our beach \ with cameras. (Do the beaches have cameras?)
Tourists \with cameras often wander along our beach. (No, the tourists have cameras.)

Dangling Prepositions

"Never end a sentence with a preposition!" We have almost all heard that rule, but it is not as carved in stone as it sounds. Sometimes a preposition at the end of the sentence is really a problem. Sometimes it is not. If it is, there are several ways to fix it.

1. It is fine. Don't change anything!

Example: What are you looking at?

That really is okay.

At what are you looking? (Sounds awkward. No one speaks like that.)

2. It really is not a problem because it is an idiomatic (two-word) verb.

Example: What time should I pick you up?

3. Move the phrase.

Example: At what time should we wake up? (Much better)

4. Rearrange the prepositional phrase.

Example: Colored pencils are my favorite tools with which to draw. (Preferable).

5. Just leave it off. Sometimes people add unnecessary prepositions to the end of a sentence.

Example: Where is your hometown at? (Nope). Where is your hometown? (Much better).

Source: https://www.englishgrammar101.com/module-7/prepositions/lesson-9/placement-problems-and-dangling-prepositions

Idiom--Attic Zip your lip

Meaning: to remain secret or silent

Ex: Zipping your lip is one difficult task for a fellow who likes to speak his heart out.



Source: https://www.theidioms.com/zip-your-lip/

Light L & Dark L

The voiced L sound (*IPA symbol:* /1/) can be found in American English words such as pull, like, circle, light, help, clean, English, language, and milk.

The L sound can be difficult to learn for some English language learners because there are actually two L sounds in English: the **light L** sound and the **dark L** sound, also called the **velar**.

Light L Sound

If the L sound comes **BEFORE** the vowel or diphthong in a syllable, it will be a **light L sound**.

Examples: like, language, clean, long, less, etc.

Dark L Sound

If the L sound comes **AFTER** the vowel or diphthong in a syllable, it will be a velar or **dark L sound**.

Examples: circle, pull, milk, help, whole, etc.

Source: <u>https://www.really-learn-english.com/english-pronunciation-lesson-27-L-sound.html</u>

"A Color All His Own"

by Wordy Birdy

Lemons are yellow
And pigs are pink.
White is of marshmallows,
But not Millard.

Millard has no color;
A chameleon is he.
He whines to the world,
"Why me, why me!"

"Why can I not settle in place
"Without a different hue upon my face?
"I wish to be normal, with color you see.
"I wish for a color-- why me, why me?"

One day he met an owl who was wise,

An owl who was grey with large yellow eyes.

"I can solve your problem," said he.

"You too can have color like me."

"But what must I do to become like you?"

"You must sit on a leaf, for green is your hue."

And he listened to the owl without any shame,
but soon after that, the leaf's color changed!

He scurried back to the post of the owl.

"My color!" he said, "It is different now!"

"Well," the owl sighed, "The answer is here;

"It is easy to see that your color is clear."

"But now my good friend, do not be ashamed.

"Your color's unique, and shouldn't be changed."

"I guess you're right," Millard said with a grin

"It's wonderful to be in the color I'm in."

Rigoberto's Riddles

What can you break, even if you never pick it up or touch it?

A promise.

Silly Vasilly's Chuckle Chamber

After graduating from high school, a son moves away from home to study at university. One of his letters home reads: Dear Father, University i\$ really great. I am making lot\$ of friend\$ and \$tudy-

ing very hard. With all my \$tuff, I \$imply ¢an't think of anything I need, \$o if you would like, you can ju\$t \$end me a card, a\$ I would love to hear from you. Love, Your \$on.

After receiving his son's letter, the father immediately replies by

sending a letter back. Dear Son, I kNOw that astroNOmy, ecoNOmics, and oceaN-Ography are eNOugh to keep even an hoNOr student busy. Do NOt forget that the pursuit of kNOwledge is a NOble task, and you can never study eNOugh. Love, Dad

Interview with Emmanuel Madrid

Continued from page 1

confirm I was doing it right. The weather is something that I don't know much about and I want to learn. I want to take photos for my life, but I also want to have something like a routine like I can go to work at the same time that I can do something I love. I feel the nature and weather are connected. Even though it is not my major

but I think they are connected. The Parrot: How long have you been doing this kind of art? Manny: It's kind of funny. I'm a Christian and I believe in God. When I first came to the United States in 2012, photography wasn't something I really liked. As soon as I got to this country, I felt that God put talent in me. Finally, I started to like it and started taking photos with my

phone. It has

grown on me and I got my first camera, which my cousin gave me in 2013. I took a lot of photos with that one. Then I bought my first professional camera but I had no idea how to use that camera. It was manual camera and has so many features and stuff; however, it was the camera that helped me learn photography. I had to learn how to use and understand it. That was my starting point, I think. So, I've started taking photo since 2013.

The Parrot: Amazing! It is a long time!

Manny: Yes, it was almost like the time I have been living here.

The Parrot: From what you said, you think that God is the one inspired you in this field?

Manny: Yeah, it feels like the passion that calls me, came to me because it wasn't something I was really looking for. I really love it and am thankful for it.

The Parrot: Do you think your photography helps you to see the world in new and different ways?

Manny: Yeah, definitely! It helps me appreciate the beauty in all things. Before, if a mosquito were bothering me or a bee were flying around, I would get it away. I feel like photography helps me to appreciate those things like everything around. So, if sometimes I see a bee, instead of trying to kill it like many people do, I will just take my camera and take photos of it. It's so beautiful.

It's a beautiful world and we live in a beautiful planet. We should appreciate it. **The Parrot**: There are many pictures you took that look kind of like painted pictures. How do you do that? Do you have to use photoshop after taking them? Manny: No! you know that the class I took last semester which gave me headaches was the photoshop. I'm bad at photoshop. I don't feel it's fake like I have to take a photo then I have to add like a fake sky and to me, it's fake. So, I don't do that with my pictures. I

do edit my photo in a software called "Lightroom." The "Lightroom" only lets you change the contrast, recovery shadow, bring out highlight. That was pretty much what I did. I also use an app to take raw photos which give you the actual color of the thing I took. I always try to do everything on the camera so I don't need to edit too much. I love to take photos, but I don't really like to edit photo.

The Parrot: How long did it take you to take photos like that?

Manny: It depends on the setting. For example, I have to take the photo of the sky, I usually take twenty photos at the same time. As the sky always moves around, you can't take only one to get all the detail.

The Parrot: How many places have you traveled to take those pictures?

Manny: I traveled to a lot of local places. I went to Lake Tahoe, San Francisco, the ocean, the mountains.

This state has everything, most of the photos in my Instagram, honestly, I took them in Sacramento. I lived in Florida for four years before coming to California, so I love Florida. I think it is around 9 places.

The Parrot: There are a lot of pictures, so that means you took a lot of pictures in one place?

Manny: Yeah, every time I go to San Francisco, it is different. The sky sometimes is cloudy, or froggy.

I like how different it looks during daytime and nighttime. Actually, I would love to travel around the world. Who doesn't like it, right?

The Parrot: Do you have any special memory about some places where you took photos and what is so special about those places?

Manny: Yeah, I do. There are two places: Pigeon Point Lighthouse and Bayport Fishing Pier. I love the Pigeon

Point Light house so much, that place meant a lot to me. However, my favorite place is Bayport Fishing Pier because it was the first place where I learned how to take photos. If I could be rich, I would go there to buy a big house and take pictures of it every day.

The Parrot: Do you prefer to take portraits or nature photos?





Manny: Nature! I do have my business like I take pictures for weddings, people, and portraits. Many people are really nice to take photos as they are really nature; however, there are a few people who don't like the way they look and it's hard to give them confidence to get the best shot. I definitely love nature.

The Parrot: Do you have to tell a model how to pose or do they do it themselves?

Manny: I help them.
I'm not good at posing
myself, but I'm good
at guiding people
to pose to get nice
photos.

The Parrot: Do you have to have a really good camera to be able to get the best shoot?

Manny: No, it's about the people behind the camera. It is about how you compose your photo. Even though you have a really expensive or good camera, if you don't have passion for it, then it won't come out with passion.

The Parrot: Can you make a living with this art job?

Manny: Yes, definitely. I always try not to charge

too much because it's really competitive out there. **The Parrot**: How do you feel about enjoying your hobby while also using it to earning a living?

Manny: I love it. I wish I could only do this job. Honesty, you can, if I put more effort, I think I can live with this

job. One of my goals is to be a National Geographic photographer. I also want to be an ambassador like a

The Parrot: If you had to choose to be either a photographer or scientist, which one would you choose as you said you also like science? Manny: Yeah, photography. I'm doing dual degrees at the same time in ARC. I can get a degree in photography in ARC and transfer to UC David to finish my science

The Parrot: What will you say to someone who is interested in

degree.

representative in Nikon company.



their passion.

The Parrot: It is awesome to talk to you today! Thanks a lot for your time.

> Manny: Thank you! It was nice to work with The Parrot. Interviewer: Tuyet Le

> > If you 'd like to see more picture from Manny's art. You're welcome to visit:

https://www. instagram. com/emrrado/

Manny: I would tell them to work with what they have. For instance, if they have a phone, practice with that. You should practice with what you have and do the best with what you have. If you are really passionate about something, it will come to you. The opportunities will come to you. I grew up in a developing country which is hard to get something. I feel like the Lord always provides you. I think God likes when people have passion in their heart about something. If you have passion about something, you will get it no matter what, at some point. Many people say, "Don't give up on your dream" and it's actually true. You always have to keep practicing. You know, I have spent hours and hours on Youtube

photography but doesn't have opportunities like you?

The Parrot: Do you have another hobby?

passionate about it, you're gonna find a way.

Manny: I also love writing. I'd like to write a book to make people feel they are in there. I also like to go to the gym. I want to work out to gain muscle and be healthy.

to keep watching and learning. When you are really

The Parrot: Do you have anything to share with The Parrot to connect ESL artists together?

Manny: I would like to have an offline meeting with all the artists together to have the opportunities to share



Reading for Beginners

My Family at Home

My family lives in a small house. It's simple but pretty. It has a large garden. I like to work in the garden, but my sister hates to work in the

garden. She prefers to read. She reads in the morning, in the afternoon and at night.

I give all of the vegetables to mom and dad. They like to cook in our small kitchen. I eat any vegetable, but my sister eats only a few.

My family always eats breakfast and dinner together. We talk.

We laugh. Then my sister washes the dishes.

At night dad likes to listen to music. Mom works on the computer.

I watch television. And my sister reads.

Soon we go to bed. My parents go to bed late, but my sister and I go to bed early. I'm ready to go to sleep, but my sister wants to keep reading.

Source: https://lingua.com/english/reading/my-family/

Did You Understand the Text?

Please answer the following questions of understanding:

Ouestion 1:

Which is another way to describe the family's house?

- a. cramped but cozy
- b. narrow but suitable
- c. little but attractive
- d. old but cheery

Ouestion 2:

The family has how many members?

a. two b. three c. four d. five

Ouestion 3:

Who doesn't enjoy working in the garden?

a. grandmother

b. cousin

c. father

d. sister

Ouestion 4:

When does the sister like to read?

a. at night

b. in the afternoon

c. in the morning

d. all of the above

Ouestion 5:

When do the family members not eat to-

gether?

a. at dinner

b. at lunch

c. at breakfast

d. all of the above

Answers: 1. c 2. c 3. d 4. d 5. b

ESL Department Certificate Application

Congratulations!

You may apply for MULTIPLE certificates.

There are 5 certificate sections on this website. Each section is for one certificate.

You can apply for more than one certificate on this website: https://forms.gle/xpNDzkK2rLzD7C7c7

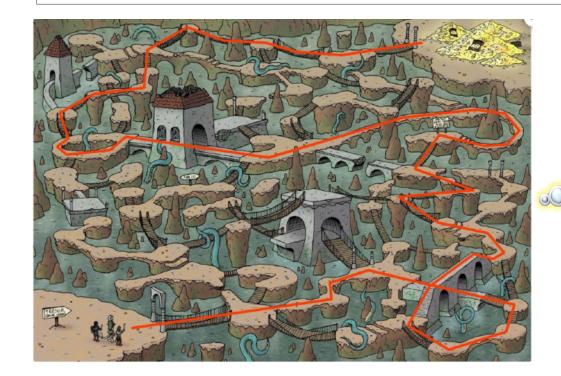
- Apply for an ESL Certificate
- Quick and easy to complete the form
- There are 5 levels of certificates for ESL students:
- All certificates are useful to show your knowledge of English as a second language
 - » Certificate of Proficiency for 40, 50 and 310 levels.
 - » Certificate of Achievement at 320 and 340/350 level
- Certificates of Achievement will show on your transcript!
- Courses from a higher level can be used at a lower level.
- Any questions? Email Professor Specker: <u>speckee@arc.losrios.edu</u>







Level	Title	Courses	Units
40 level	Intermediate-low	ESL 47 (6)	13 units
		ESLL 41 (3)	
		ESLG 41 (3)	
		ESLLAB 40 or 41 (1)	
50 level	Intermediate-mid	ESL 55 (6)	13 units
		ESLL 51 (3)	
		ESLG 51 (3)	
		ESLLAB 50 or 51 (1)	
	Intermediate – high	ESL 315 (6)	13 units
240 level		ESLL 310 (3)	Course units are
310 level		ESLG 310 (3)	transferable to CSU
		ESLLAB 60 or 61 (1)	
	Advanced	ESL 325 (6)	13 units. Certificate
320 level		ESLL 320 (3)	of Achievement.
		ESLG 320 (3)	Courses units are
		ESLLAB 70 or 71 (1)	transferable to CSU
340/350 level	Advanced-high	ESL 350 (4)	15 units. Certificate
		ESLW 340 (4)	of Achievement.
		ESLL 320 (3)	Course units are
		ESLG 320 (3)	transferable to CSU
		ESLLAB 80 (1)	and/or UC



Did you find the treasure?

ESL Certificate Benefits

What are ESL students saying?

I received an Intermediate-Mid Proficiency Certificate in ESL in 2016, and now, my other certificate, Advanced-High Achievement in ESL, is in process. The ESL certificate has benefited me in the following:

- For enhancing my qualifications, I provide it with other certificates.
- After providing this certificate, the employer will recognize my ability in English better.
- For the jobs that require bilingual candidates, an ESL certificate can be beneficial to prove my knowledge of English.
- After I opened a business that provides legal services, I hung my certificate on the wall since translation is one of our services. When clients see this certificate, they trust our work better.



Mohammad Louayme



Ruba Al-Mulla Hummadi

I received an ESL certificate for Intermediate-High proficiency and I have also applied to get the Advanced-High certificate.

I put the certificate in my resume as evidence of speaking English.

I am taking ESL 340 writing and I have been a tutor at ARC since 2020.



Parrot Student Voices

Here, our students tell a story from their past. Their stories may be about happy days, or sad events... but the stories are always told in their own words.

Why I Left My Country?



"Hi, my name is Nasir Rashha. I am from Kabul, Afghanistan.

I used to work for US Construction Company back in Afghanistan..."

Abdul Nasir Rashha

Click on *Abdul's* photo to find out what happened next.

"Hello. My name is Tatiana. I am from Russia and I would like to tell you my story about why I left my country. I came to the United States absolutely by accident. I didn't have a plan to move to this country..."

Tatiana Kuzmina

Click on *Tatiana's* photo to find out what happened next.





"Hello! My name is Azizullah. I am from Afghanistan. I live in Sacramento California. I am a student at ARC in ESL 40...

When I was there in my country, I had two jobs. And in the first one was with the American Army ... but my father said don't go there, the army is dangerous..."

Azizullah Haidari

Click on Azizullah's photo to find out what

THE SUSAN PEZONE MEMORIAL ESL SCHOLARSHIP

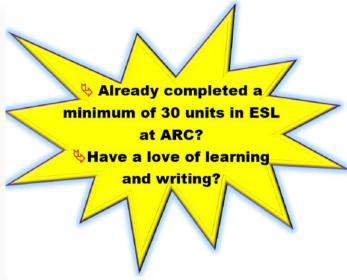


The Susan Pezone Memorial ESL Scholarship!!!

The ESL Department at American River College has chosen to establish a **\$500** scholarship to honor the memory of a dear ESL colleague who passed away in Fall 2020. **Professor Susan Pezone** was a wonderful teacher, colleague, and writer who is already sorely missed.

Requirements:

This year, three scholarships will be awarded to ARC ESL students who have the same **love of learning and writing** that Professor Pezone showed in her teaching and in her own writing, with preference going to students who have



already completed a minimum of 30 units in ESL at ARC.

Timeline:

Look in the next Parrot for the application time period!



Out of the Cage

FALL 2021 | University Representative VIRTUAL APPOINTMENTS

SACRAMENTO STATE DATE **DAY OF WEEK** TIME Sept 15 Wednesday 9am-4pm Sept 22 Wednesday 9am-4pm Sept 29 Wednesday 9am-4pm Oct 6 Wednesday 11:30am-6pm 9am-4pm Oct 13 Wednesday Oct 20 Wednesday 9am-4pm Oct 27 Wednesday 9am-4pm Nov 3 Wednesday 11:30am-6pm Nov 10 Wednesday 9am-4pm Nov 17 Wednesday 9am-4pm Nov 24 Wednesday 9am-4pm Dec 1 Wednesday 11:30am-6pm Dec 8 Wednesday 9am-4pm Dec 15 Wednesday 9am-4pm

california state Chico		
DATE	DAY OF WEEK	TIME
Sept 13	Monday	10am-3pm
Oct 11	Monday	10am-3pm
Nov 15	Monday	10am-3pm

STATE UNIVERSITY		
DATE	DAY OF WEEK	TIME
Sept 15	Wednesday	10am-3:30pm
Oct 20	Wednesday	10am-3:30pm
Nov 22	Monday	10am-3:30pm

SAN FRANCISCO

http://your.future.sfsu.edu/



Berkeley UNIVERSITY OF CALIFORNIA		
DATE	DAY OF WEEK	TIME
Sept 23	Thursday	9:30am- 2:30pm
Oct 5	Tuesday	9:30am- 12:30pm
Oct 20	Wednesday	9:30am- 12:30pm
Nov 4	Thursday	9:30am- 11:30pm

UCDAVIS https://ua.ucdavis.edu/portal/arc DATE Appt: 9am-4pm Drop-in: 4-5pm Sept 21 Tuesday Appt: 9am-4pm Drop-in: 4-5pm Sept 28 Tuesday Appt: 9am-1pm Drop-in: 2-3pm Oct 5 Tuesday Appt: 9am-1pm Drop-in: 2-3pm Oct 12 Tuesday Appt: 9am-1pm Drop-in: 4-5pm Oct 28 Thursday

Appt: 9am-1pm

Drop-in: 2-3pm

Appt: 9am-1pm Drop-in: 2-3pm

Open Drop-In Zoom link

Tuesday

Wednesday

Nov 9

Nov 17

UC SHNIH CKU <i>L</i>		
DATE	DAY OF WEEK	TIME
Sept 28	Tuesday	9am-3pm
Oct 4	Monday	9am-3pm
Nov 5	Friday	9am-3pm

UC SANTA BARBARA

calendly.com/adrabowman/arc

'San Diego

https://admissions.ucsd.edu/klivingston

To see any UC Representatives, students must have already created a UC TAP account on uctap.universityofcalifornia.edu

Sept 15 Wednesday 9am-4pm Oct 6 Wednesday 9am-4pm Nov 3 Wednesday 9am-4pm

https://calendly.com/maria-salazar-2/ucr-advising-appointments-arc-scc

MERCEI

https://calendly.com/sxiong24

DATE	DAY OF WEEK	TIME
Sept 15	Wednesday	10am-3pm
Oct 20	Wednesday	10am–3pm
Nov 17	Wednesday	10am-3pm

https://bit.ly/EricaDelgado

Arizona State University

DAY OF WEEK

https://calendly.com/richard-frische/

Fashion Institute of Design and Merchandising

DATE	DAY OF WEEK	TIME
Sept 21	Tuesday	11am-1pm
Oct 19	Tuesday	11am-1pm
Nov 16	Tuesday	11am-1pm

BOOK ONLINE



TRANSFER CENTER

Transfer Center Counseling Monday—Thursday 9:30am—4:30pm (Subject to Change)

Monday-Friday 8:30am-5:00pm

Email: transfer@arc.losrios.edu

www.arc.losrios.edu/transfer-center

Student Editors: Tuyet Le and Dai Nguyen Faculty Advisors: Patrick Hoggan and Kate Fukui

Please let us know what we can do to improve *The Parrot*. We appreciate any and all feedback you are willing to give us. Contact us at TheParrot@arc.losrios.edu. To see previous issues of The Parrot, go to https://arc.losrios.edu/academics/the-parrotnewsletter